



NEWTOWN  
PARKS &  
RECREATION

PSRST STD  
US POSTAGE  
PAID  
LANGHORNE, PA  
PERMIT NO. 129  
ECRWSS

**POSTAL CUSTOMER**

\*\*\*DATE SENSITIVE MATERIAL \*\*\*  
DELIVER IMMEDIATELY



**PARK & RECREATION BOARD**

- Andy Levine  
*Chair*
- Joel Grosso  
*Vice Chair*
- Dennis D'Arcy
- Brandan McQuillan
- Anne Porter
- Kathy Kelly
- Sue Sutton
- Mark McMenamin
- Kathy Pawlenko  
*Parks and Recreation Director*

**NEWTOWN TOWNSHIP STAFF**

- Kurt Ferguson  
*Township Manager/  
Finance*
- Glenn Forsyth  
*Fire Chief*
- Ronald Weaver  
*Public Works*
- Kathy Pawlenko  
*Parks and Recreation*
- Henry "Rick" Pasqualini  
*Police Chief*

**PARKS & RECREATION STAFF**

- Kathy Pawlenko  
*Director*
- Janyce Czyz  
*Secretary*
- Megan Prusienski &  
Kathleen Kimble  
*Program Coordinators*
- Phone:** 215-968-2800 ext. 239
- Fax:** 215-504-2202
- Web:** www.newtownfun.com
- Office Hours:**  
8 am - 4:30 pm, Mon- Fri.

**SPECIAL EVENTS**



**Chemistry Explorers - Page 3**



**Fabulous Fall Pies - Page 5**



**Basketball Clinic - Page 11**



**Pilates - Page 12**

**Halloween Parade!** (ages 3-6)

Come take your little monsters and goblins, princesses and pirates around the Township complex for a Halloween Parade! Participants will be parading through all the departments! We will visit the Police, Emergency Services, Public Works, Administration, Codes & Zoning, Parks and Recreation, and the Tax office. While on our parade we will be trick or treating so bring a bag for your goodies!

**Session:** Wed, Oct. 30, 1:00 – 2:30 pm  
#134049

**Location:** Newtown Twp. Admin. Bldg.  
**Fee:** Free, pre-registration required!



**Create a Scarecrow!**

Join us to create your very own Scarecrow! These fun Halloween creations are great for the whole family, accent your home or enter it in Newtown's Halloween Art Scene Scarecrow Contest! (To be held on October 19, for more info please visit Newtownbbc.org) Children are encouraged to attend but adult supervision is required. We will supply the main pieces but please bring: jeans, button down-long sleeve shirt, twine, and any special decorations you would like to add to make yours truly unique! A \$10 materials fee is due to the instructors at the beginning of class.

**Session:** Sat, Oct. 5, 10:00 – 12:00 pm  
#134066

**Instructors:** Linda Welles & Jackie Kaizar  
**Location:** Pavilion at Veteran's Park,  
234 Durham Road (Rt. 413), Newtown  
**Fee:** \$13 **Resident Discount:** \$10



**Flashlight Halloween Hunt!** (ages 11-14)

A Halloween to remember! Join us at Robert's Ridge Pavilion for an evening of trick or treating! We'll be hunting for candy in the park and also have a costume contest with cider and snacks! Please wear your costume and dress for the weather! Bring a flashlight and bag for the hunt.

**Hunt:** Fri, Oct. 25, 7:30 – 8:30 pm #134291

**Location:** Robert's Ridge Park  
**Fee:** \$13 **Resident Discount:** \$10

**Family Gingerbread House Workshop**

Start a new holiday tradition with your family and enjoy the magic of decorating a gingerbread house! Your family will have fun creating a wonderful, edible centerpiece for your Christmas table. Also included will be a short lesson in decorating your masterpiece with royal frosting icicles and piping, and of course, lots of candy. That is, if you don't eat the decorations first! As a special treat, Santa Claus will fly in from the North Pole for pictures! Bring your Camera! A \$15 materials fee is due to the instructor at the beginning of class.

**Session:** Sat, Dec. 14, 10:00 – 12:00 pm  
#134048

**Instructor:** Jackie Kaizar  
**Location:** Newtown Twp. Admin. Bldg.  
**Fee:** \$19 **Resident Discount:** \$15

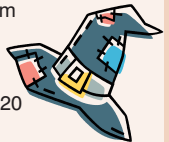


**GeoVentures Witch Hunt!** (ages 8-12)

Have you heard about the legend of the Witch of Clark Nature Center? The story goes that she has been hiding in Clark Nature Center while perfecting her potion. Help us find and track down all of her ingredients before she finds them! You'll learn how to use a handheld GPS unit to help you search. Please make sure to bring a water bottle, wear sneakers and dress for activity/weather.

**Session:** Sun, Oct. 27, 1:00 – 3:00 pm  
#134160

**Hunt Director:** GeoVentures  
**Location:** Clark Nature Center  
**Fee:** \$25 **Resident Discount:** \$20



**Jingle Bell Rides!**

Experience the fun of an old-fashioned country hayride (does include seats) pulled by huge Belgian Draft Horses wearing brass sleigh bells! Bring a blanket and cuddle up! Your journey will take you over the meadow and through the woods. After, you can stop and enjoy a crackling bon-fire, hot chocolate, cookies, marshmallows and the sounds of the season. Please arrive 15 minutes prior to your reserved time, the hayride departs at the scheduled times.

**Saturday, December 14th (session start times)**

**Session:** 12:00 pm #134006

**Session:** 12:45 pm #134007

**Session:** 1:30 pm #134008

**Session:** 2:15 pm #134009

**Session:** 3:00 pm #134010

**Instructor:** A Better Way Farm  
**Location:** Boat House Area in Tyler State Park  
**Fee:** \$20

**Resident Discount:** \$15 (Prices are per person)



**Santa's Great Candy Cane Hunt!** (ages 3-8)

Children ages 3-8 are invited to Santa's annual Newtown Township Candy Cane Hunt! Children will be separated into two age groups and Santa will officially start the candy cane hunt! We will enjoy some holiday refreshments and special prizes! Please remember to dress for the weather. Parents must accompany children to the event; remember to bring a camera for candid photos with Santa. Participants must pre-register (online or call the office) for this event no later than Friday, November 29th. Space is limited! Volunteers 15 and older needed – please call the Parks and Recreation Department at 215-968-2800 ext 239!

**Session:** Sat, Dec. 7, 11:00 am – 12:00 pm  
#134005

**Location:** Roberts Ridge Park  
**Fee:** FREE! **Pre-registration required at**  
[www.newtownfun.com](http://www.newtownfun.com)



Sponsored by  
 **PECO**  
An Exelon Company



# SPECIAL EVENTS

## Family Holiday Portraits

Bring your family to Clark Nature Center Saturday or Sunday, November 2nd or 3rd, for a day of family portrait fun! Family Photos will be taken every 20 minutes, please arrive a few minutes early to keep on schedule with your time! As a suggestion, you might want to dress your family in similar solid colors. You will choose one image of five for an 8x10 print. (you can order more prints if you want through the photographer!) Photos will be available for pick up approximately two weeks after at the Parks & Recreation office. Please provide email when registering.

<b>Saturday Nov. 2</b>	<b>Sunday Nov. 3</b>	
Session: 4:00pm #134034	Session: 4:00 pm #134041	
Session: 4:20 pm #134035	Session: 4:20 pm #134042	
Session: 4:40 pm #134036	Session: 4:40 pm #134043	
Session: 5:00 pm #134037	Session: 5:00 pm #134044	
Session: 5:20 pm #134038	Session: 5:20 pm #134045	
Session: 5:40pm #134039	Session: 5:40 pm #134046	
Session: 6:00 pm #134040	Session: 6:00 pm #134047	

**Instructor:** Sharon Mastrosimone Photography, PPA  
**Location:** Clark Nature Center  
**Fee:** \$32 **Resident Discount:** \$25

## Miraculous Escapes (ages 10+)

Bucks County singer, songwriter, pianist and actress Lori Rosolowsky and the Temple Judea Choir present Miraculous Escapes, Music and More: A Family's Story. Rosolowsky shares poignant and humorous stories of her relatives' unlikely escapes from Nazi persecution and her aunt's role (at age 23) as a translator at Nuremberg. Temple Judea's choir joins Rosolowsky in singing music by her great uncle, renowned Jewish composer Herbert Fromm, as well as Rosolowsky's own compositions, interwoven between stories of her family's enduring contributions in many fields. \*Visit our website at [www.newtownfun.com](http://www.newtownfun.com) to see a quick video of this performance. Appropriate for ages 10 and over.

**Session:** Sun, Jan. 26, 12:00 – 1:30 pm #141028  
**Instructor:** Lori Rosolowsky with Temple Judea Choir  
**Location:** Shir Ami, 101 Richboro Rd.  
**Fee:** \$15 **Resident Discount:** \$12 **Students:** \$5 (with ID)

## Community Youth Yard Sale!

Come join us to sell and to buy on Saturday, October 12th at 9:00 am! Sellers, secure your space starting at \$20! Sell baby, toddler, and youth items. From gently used sports equipment, clothes, bouncers, pack n' plays, to sandboxes, bikes, and jackets! Rid your houses and garages of items your family no longer uses or needs! All items from baby to elementary aged! Shoppers, save the date and come out to Veteran's Park to look for "new to you" toddler treasures at bargain prices! For a seller space, please contact Megan at [megans@twp.newtown.pa.us](mailto:megans@twp.newtown.pa.us) or call 215-968-2800 ext. 239 today! Sponsored by the Newtown Township Parks & Recreation Board, all proceeds from space purchases will benefit fundraising for Noah's Playground at Veteran's Park. Vendors are responsible for their items, all unsold items must be taken with you.

**Session:** Sat, Oct. 5, 9:00 am – 12:00 pm  
1 Parking spot, **Fee:** \$25 **Resident Discount:** \$20 #134020  
2 Parking spots, **Fee:** \$50 **Resident Discount:** \$40 #134021

## Clean Green Living

Holistic Household and Body Care Tips for Your Home and Family Healthy living goes beyond just eating right. Household cleaning and personal care products also have a significant impact on our health and that of our families. Many products are loaded with chemicals and toxins that we breathe in or are readily absorbed through our skin. Come learn about clean, green living with holistic health coach, Julie Cerrato, to benefit yourself and the environment! In this class, you will discover incredible tips to go "green" for you and your family's health and for reducing the environmental impact in your home. With in class demonstrations, you'll learn what steps you can take on your path to "Clean Green Living" for a holistic household & personal care, how to choose safer products, and some easy, effective homemade DIY solutions. Join us and go clean, green today!

**Session:** Wed, Oct. 9, 7:00 - 8:30 pm #134290  
**Instructor:** Julie Cerrato  
**Location:** Newtown Township Administration Building  
**Fee:** \$25 **Resident Discount:** \$20



## Introduction to Environmental Laws

Have you ever wanted to know more about the laws you read about impacting the use and preservation of our environment? Andy Levine has practiced environmental law as a federal prosecutor, in-house counsel, and corporate counsel. This introduction will provide one of the few opportunities for a neutral presentation of the laws that balance the protection of our air, water and land against the needs of industry, government and citizens. We all use and impact our surroundings, and these laws attempt to create a transparent process for studying and limiting those impacts. You will get a general understanding of the National Environmental Policy Act, Clean Air Act, Clean Water Act, Solid Waste Management Act and Superfund. This will give you a framework for understanding how industry, interested citizens, and the government use these programs, and how all of these parties can use these laws to aid, impede or modify developments.

**Session:** Wed, Oct. 9, 6:00 – 8:30 pm #134270  
**Instructor:** Andrew S. Levine, Esquire  
**Location:** Newtown Township Administration Building  
**Fee:** \$12.50 **Resident Discount:** \$10



# SPECIAL INTEREST FOR YOUTH

## Music for Baby and Me (newborn to 18 months)

Play musically with your baby by rocking, bouncing and dancing! Have fun singing and playing along with bells, shakers and scarves. **No class 11/5**

<b>Session:</b> Tue, Sep. 10 - Oct. 15, 11:30 am - 12:20 pm	#133022
<b>Session:</b> Tue, Jan. 7 – Feb. 11, 11:30 am – 12:20 pm	#141001
<b>Fee:</b> \$60 <b>Resident Discount:</b> \$48	
<b>Session:</b> Tue, Oct. 22 - Dec. 17, 11:30 am – 12:20 pm	#134061
<b>Fee:</b> \$80 <b>Resident Discount:</b> \$64	

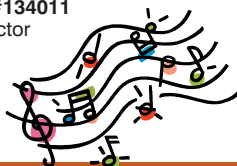
**Instructor:** Miss Lorrie, BA Music  
**Location:** Newtown Township Administration Building



## Sign, Say, and Play® (ages 6 mos – 2 yrs)

This is a six week course for you and your baby or young toddler! Join us as we explore music, games, books, pretend play, and more! All while learning signs that will foster early communication and lessen frustration for both parent and child. Each week will focus on learning signs based on a specific theme. Not only will you and your baby get to socialize, you will leave this course feeling more confident in guiding your child to communicate before s/he is able to talk! A \$30 fee is due to the instructor at the first class. (multiples welcome, rate is per family)

**Session:** Thu, Oct. 3 – Nov. 7, 10:30 – 11:30 am #134011  
**Instructor:** Hilary Rodgers, Baby Signs® Certified Instructor  
**Location:** Newtown Township Administration Building  
**Fee:** \$124 **Resident Discount:** \$99



## Music for Mom & Me (18 mos.-3 yrs)

You and your child will experience a hands-on approach to music, rhythm and song. Children will experience music through movement by dancing, tapping, clapping, rocking and marching. Instruments will be used to accompany songs. **No class 11/5**

<b>Session:</b> Tue, Sep. 10 - Oct. 15	
<b>Class A:</b> 9:30-10:20 am	#133024
<b>Class B:</b> 10:30-11:20 am	#133025
<b>Session:</b> Tue, Jan. 7 – Feb. 11	
<b>Class A:</b> 9:30-10:20 am	#141002
<b>Class B:</b> 10:30-11:20 am	#141003
<b>Fee:</b> \$60 <b>Resident Discount:</b> \$48	
<b>Session:</b> Tue, Oct. 22 – Dec. 17	
<b>Class A:</b> 9:30-10:20 am	#134064
<b>Class B:</b> 10:30-11:20 am	#134065
<b>Fee:</b> \$80 <b>Resident Discount:</b> \$64	

**Instructor:** Miss Lorrie, BA Music  
**Location:** Newtown Township Administration Building



## Tea with Mrs. Claus! (ages 3+)

Don't be a Grinch and stay at home, come visit with the Mrs. and she can tell Santa your wishes! (without the long lines & fuss!) Bring your camera! There will be Holiday craft, music and snacks!

**Session:** Sat, Dec. 21, 11:00 am – 12:00 pm #134148  
**Instructor:** Little Star Party Company  
**Location:** Newtown Township Administration Building  
**Fee:** \$19 **Resident Discount:** \$15





# SPECIAL INTEREST FOR YOUTH

## Twinkle Toes Ballet (ages 2-3)

This class introduces your child to ballet in a fun and musical way. Parent/guardian must accompany child. Movement and music are used to develop body awareness, discover creative expression, and explore the basic principals and elementary ballet positions. Ballet shoes required.

**Session:** Tue, Sep. 17 – Oct. 22, 4:45 – 5:30 pm #134067

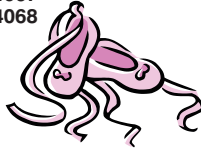
**Session:** Tue, Oct. 29 – Dec. 10, 4:45 – 5:30 pm #134068

No Class Nov. 26

**Instructor:** Kate Wojtowicz

**Location:** Newtown Township Administration Building

**Fee:** \$61 **Resident Discount:** \$49



## Music & Motion! (ages 3-4)

Come dance and play with your favorite adult to different types of music. We'll be moving and grooving during our fun time with musical play. Our body movements will let toddlers experience rhythms with their whole bodies!

**Session:** Wed, Sep. 18 – Oct. 23, 1:00 – 1:45 pm #134154

**Session:** Wed, Nov. 6 – Dec. 18, 1:00 – 1:45 pm #134155

No class Nov. 27

**Instructor:** Jesse Roy

**Location:** Newtown Township Administration Building

**Fee:** \$74 **Resident Discount:** \$59



## Super Hero Squad! (ages 3-5)

Come save the day! Bring your cape and make a mask as we prepare to save the town! Come demonstrate your own unique super power! Join us for super games and fun!

**Session:** Sat, Sep. 28, 11:00 am – 12:00 pm #134147

**Instructor:** Little Star Party Company

**Location:** Newtown Township Administration Building

**Fee:** \$19 **Resident Discount:** \$15



## Kids In the Kitchen (ages 3-6)

Welcome! Get into the holiday spirit by joining us to make some fun and creative culinary treats that can easily be duplicated at home. These one-hour classes are designed for parents and children to participate together in the joys of each season. \$10 materials fee payable to the instructor at the beginning of class.

**Spooky Halloween Treats!:** Mon, Oct. 28,

10:00 – 11:15 am #134053

1:00 – 2:15 pm #134054

**Fall Sweets:** Mon, Nov. 18,

10:00 – 11:15 am #134055

1:00 – 2:15 pm #134056

**Christmas Cookies and Cupcakes!:** Mon, Dec. 2,

10:00 – 11:15 am #134057

1:00 – 2:15 pm #134058

**Instructor:** Linda Welles, Lulu's Cakery

**Location:** Newtown Township Administration Building

**Fee:** \$13 **Resident Discount:** \$10



## Angelina Ballerina Creative Ballet (ages 3-6)

At The Pennsylvania School of the Performing Arts, Bucks County's only official Angelina Ballerina Dance Academy, your child will receive a quality dance education in a caring and fun environment, all based on the beloved Angelina Ballerina character. Bring the magical stories of the remarkable mouseling Angelina Ballerina to life through dance and ballet! We introduce the fundamentals of ballet, develop motor coordination and increase spatial rhythmic awareness in a positive environment. **No class 1/18, 1/20**

### Ages 3-4

**Session:** Mon, Oct. 7 - 28, 4:15 – 4:45 pm #134297

**Session:** Mon, Jan. 6 – Feb. 3, 4:15 – 4:45 pm #141034

**Session:** Sat, Oct. 5 - 26, 9:30 – 10:00 am #134298

**Session:** Sat, Jan. 11 – Feb. 8, 9:30 – 10:00 am #141035

**Fee:** \$45 **Resident Discount:** \$36

### Ages 5-6

**Session:** Mon, Oct. 7 - 28, 4:30 – 5:15 pm #134299

**Session:** Mon, Jan. 6 – Feb. 3, 4:30 – 5:15 pm #141036

**Session:** Sat, Oct. 5 - 26, 9:30 – 10:15 am #134300

**Session:** Sat, Jan. 11 – Feb. 8, 9:30 – 10:15 am #141037

**Fee:** \$63 **Resident Discount:** \$50

**Location:** 2324 Second Street Pike, Newtown



## Cinderella's Thanksgiving Tea Party (ages 3-6)

Join Cinderella for a morning of enchantment! Come dressed as your favorite princess for some snacks and story time with royal dancing!

**Session:** Sat, Nov. 23, 11:00 am – 12:00 pm #134146

**Instructor:** Little Star Party Company

**Location:** Newtown Township Administration Building

**Fee:** \$19 **Resident Discount:** \$15

## Barbie Tea Party! (ages 3-8)

Join Barbie for a morning of enchantment. Enjoy storytime, dancing and snacks.

**Session:** Sat, Oct. 12, 11:00 am – 12:00 pm #134145

**Instructor:** Little Star Party Company

**Location:** Newtown Township Administration Building

**Fee:** \$19 **Resident Discount:** \$15



## Creative Play (ages 3-6)

**Kids take a class and mom can exercise too!**

This fun kids creativity class coincides with the very popular Zumba adult exercise program #134164 and #134165! Allowing mom a chance to exercise and/or just introduce her child to a program that focuses on a child's innate sense of wonder! We will explore books, crafts and kitchen fun while nurturing self-discovery and self-esteem and inspiring a love of learning! Creative Play supports mom and child, letting you exercise as your child has fun too!

**Session:** Mon, Sep. 9 – Oct. 14, 9:30 - 10:30 am #134306

**Session:** Mon, Oct. 21 – Nov. 25, 9:30 - 10:30 am #134307

**Instructor:** Katelyn Jeffries,

**Location:** Newtown Township Administration Building

**Fee:** \$37 **Resident Discount:** \$30



## Hip Hot for Tots (ages 4-6)

Great Hip Hop class for boys and girls who are new to dance or have some experience! Lots of fun, great family-friendly music and beats and dance time with your friends! Wear comfortable loose clothing that allows you to freely move!

**Session:** Tue, Oct. 8 – 29, 4:30 – 5:15 pm #134293

**Session:** Tue, Jan. 7 – 28, 4:30 – 5:15 pm #141030

**Location:** 2324 Second Street Pike, Newtown

**Fee:** \$63 **Resident Discount:** \$50



## Youth Anti-Abduction Seminar (ages 6+)

This class will discuss easily understood concepts with kids for safety awareness on bullying, abduction and internet use. (Based on requirements from National Center for Missing and Exploited Children)

**Session:** Wed, Oct. 2 - 9, 7:00 – 8:00 pm #134100

**Session:** Wed, Feb. 5 - 12, 7:00 – 8:00 pm #141007

**Location:** Newtown Elementary School Gym

**Instructor:** John McDonald & Tim Perry

**Fee:** \$18 **Resident Discount:** \$15

## Physics Explorers (ages 6-11)

This fun workshop investigates properties of optics, momentum, magnetism, balance, inertia, water pressure, air pressure and energy. Make sonic toys to take home that will entertain and amaze your friends and family.

**Session:** Sun, Oct. 6, 2:30 – 4:00 pm #134072

**Instructor:** Wacky Science

**Location:** Newtown Township Administration Building

**Fee:** \$35 **Resident Discount:** \$28



## Yucky Science Explorers (ages 6-11)

Cool, yucky, and messy are the best words to describe this new workshop. Have fun making slime, examining partially digested food, using fake blood, dead insects, skeletal remains, and microscopic organisms. Wear an old shirt. Goggles will be provided by the instructor. \$3 materials fee is due to the instructor at the beginning of class.

**Session:** Sun, Nov. 3, 2:30 – 4:00 pm #134074

**Instructor:** Wacky Science

**Location:** Newtown Township Administration Building

**Fee:** \$35 **Resident Discount:** \$28

## Electricity Explorers (ages 6-11)

This electrifying new workshop uses lots of hands-on safe experiments to explain electricity and its applications. Static electricity, piezzo-electric rocks, circuitry, electroscopes, bending water, and magnetism are a few of the topics covered. Goggles will be provided.

**Session:** Sun, Oct. 27, 2:30 – 4:00 pm #134073

**Instructor:** Wacky Science

**Location:** Newtown Township Administration Building

**Fee:** \$35 **Resident Discount:** \$28



## Chemistry Explorers (ages 6-11)

Put on your goggles (provided by the instructor) and let's get messy! We'll make batches of outrageous ooze and slime and perform unusual experiments with gases, food, and water. Stretchy polymers, acid-base reactions, and other experiments will be performed using safe household chemicals. Goggles are provided by the instructor who is a Pennsylvania licensed chemistry teacher.

**Session:** Sun, Dec. 8, 2:30 – 4:00 pm #134075

**Instructor:** Wacky Science

**Location:** Newtown Township Administration Building

**Fee:** \$35 **Resident Discount:** \$28



REGISTER NOW ONLINE AT [WWW.NEWTOWNFUN.COM](http://WWW.NEWTOWNFUN.COM)

# SPECIAL INTEREST FOR YOUTH

## Animals that Changed History! (grades 4-12)

Animals surround us, but we really do not see them as part of our history. Simply, without them we would not have survived! This presentation illustrates how five difference animals have contributed to trade, agriculture, and communication; how they spread disease, yet opened the door to the middle class; and how they are impacting our culture today. Woven through are geographical maps, the concept of supply and demand, and two video shorts! Join us and tell us what you know!

**Session:** Thu, Nov. 14, 6:00 – 7:00 pm #134077  
**Instructor:** Women's Humane Society  
**Location:** Newtown Township Administration Building  
**Fee:** \$13 **Resident Discount:** \$9

## Irish Dance Lessons (ages 5-8)

Come learn to dance a traditional Irish dance! You will learn two small routines per session. Open to all skill levels. At the last class there will be a performance for the parents. This is a class where your child will have fun and learn something new and different. Socks are required, Irish dance shoes are not. .

**Session:** Thu, Sep. 19 – Oct. 24, 6:30 – 7:30 pm #134050  
**Session:** Thu, Nov. 7 – Dec. 19, 6:30 – 7:30 pm #134051  
 No class Nov. 28  
**Instructor:** Meagan Brophy  
**Location:** Newtown Township Administration Building  
**Fee:** \$70 **Resident Discount:** \$56



## Dog Use, Behavior and Bite Prevention (ages 6+)

National Animal Protection Month! 79% of people who were bitten by dogs were bitten by their own dog. In this class, students learn how dogs are used today, dog behavior (body language), and how to protect themselves from being bitten. Showing good manners towards a dog is no different than showing good manners toward people.

**Session:** Thu, Oct. 17, 6:00 – 7:15 pm #134076  
**Instructor:** Women's Humane Society  
**Location:** Newtown Township Administration Building  
**Fee:** \$13 **Resident Discount:** \$9



## Manners Towards People and Pets (ages 6+)

National Mutt Day What is your personal space? What about personal space for a dog or cat? Yes, they have it too! Good manners prevent misunderstanding and confrontation (being bitten). In this class you will learn about personal space, appropriate greetings, unwanted hugging, grabbing, pulling, running, unneeded yelling, and inappropriate eye contact. The students will role play with puppets and receive behavior hand outs and a pocket sized "cheat sheet" for people and pets!

**Session:** Thu, Dec. 12, 6:00 – 7:00 pm #134078  
**Instructor:** Women's Humane Society  
**Location:** Newtown Township Administration Building  
**Fee:** \$13 **Resident Discount:** \$9

## Chinese New Year! (ages 7 and up)

Celebrate the Chinese New Year holiday with great children's activities and crafts. We will be making eggrolls, wonton soup, and learning Chinese paper folding! Chinese New Year symbols history and meaning will also be explored and every child will enjoy a traditional Chinese New Year rice cake. A \$10 materials is due to the instructor at the beginning of class.

**Session:** Sat, Jan. 25, 10:00 – 11:30 am #141029  
**Instructor:** Ya-Chaun Chuo  
**Location:** Dragon Restaurant, 2841 S. Eagle Rd, Newtown  
**Fee:** \$20 **Resident Discount:** \$15

## School's Out Engineering! (grades 1-5)

We will engage your child in hands-on activities where they will learn fundamental concepts from multiple engineering disciplines. Students will be building sailboats (mechanical), designing parachutes (aerospace), constructing bridges (civil), making ice cream (chemical) and more! A \$10 materials fee is due to the instructor at the beginning of class. Please make sure to bring a snack and lunch. Different projects each session!

**Session:** Mon, Dec. 23, 9:00 am – 1:00 pm #134161  
**Session:** Mon, Dec. 30, 9:00 am – 1:00 pm #134162  
**Session:** Tue, Dec. 31, 9:00 am – 1:00 pm #134163  
**Instructor:** Engineering for Kids  
**Location:** Newtown Township Administration Building  
**Fee:** \$63 **Resident Discount:** \$50



## Beginning Robotics (ages 6-8)

The children ages 6 - 8 will build Robots and use a software program that is designed for children to teach their Robots to respond to the their instructions. The Robots have sensors and motors that allow them to be programmed for motion, sound, etc. The children will have fun and success as the Robots follow their commands. Will their monkey learn to play the drums? Their magic wand change the action on the computer screen? The children will work with 1 - 2 teammates.

**Session:** Tue, Nov. 5, 1:00 – 3:00 pm #134023  
**Instructor:** Computertots & Computerexplorers  
**Location:** Newtown Township Administration Building  
**Fee:** \$71 **Resident Discount:** \$57



## After School Chess (ages 6-14)

Learn how to play chess from a Shining Knights chess coach! Our coaches are highly-rated professional chess instructors, including several that have attained Master and Expert-level rankings. We have taught tens of thousands of children to play, many of whom have won state and national championships. Class time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Play time is structured to pair each student against an opponent of similar skill. Students will have the opportunity to play in local, state and national tournaments. All chess supplies provided.

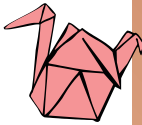
**Goodnoe Elementary School After School Program**  
**Session:** Wed, Sep. 18 – Nov. 6, 4:00 – 5:00 pm #134016  
**Session:** Wed, Nov. 13 – Jan. 22, 4:00 – 5:00 pm #134017  
 No class Nov. 27, Dec. 25, Jan. 1  
**Newtown Elementary School After School Program**  
**Session:** Thu, Sep. 19 – Nov. 14, 4:00 – 5:00 pm #134018  
 No class Oct. 31  
**Session:** Thu, Nov. 21 – Jan. 23, 4:00 – 5:00 pm #134019  
 No class Nov. 28, Dec. 26  
**Instructor:** Shining Knights, Ltd.  
**Fee:** \$100



## Traditional Origami (ages 6-11)

Learn how to make decorative and useful origami creations! Come see how a simple piece of paper can be transformed into wondrous works of art!

**Session:** Sat, Sep. 28, 10:00 – 11:00 am #134149  
**Session:** Sat, Nov. 9, 10:00 – 11:00 am #134150  
**Instructor:** Origami Works  
**Location:** Newtown Township Administration Building  
**Fee:** \$15 **Resident Discount:** \$12



# Instructor Spotlight!



Newtown Township Parks and Recreation proudly presents:

## Linda Welles

Linda is a resident of Newtown and mother of two teenage boys. She is a former elementary school teacher and holds a masters degree in education. Linda's home-based business, Lulu's Cakery is named after her grandmother who inspired her love of baking at a very young age. For the past several years, Linda has offered a variety of baking, cake decorating, cooking classes and summer camps for children of all ages through Newtown Parks and Recreation. Please look for her programs in this and future brochures. Linda can be reached at [lindawelles@comcast.net](mailto:lindawelles@comcast.net)





# SPECIAL INTEREST FOR YOUTH

## Back at the Barnyard! (ages 7-9)

Join us for "Back at the Barnyard"! This Theater Improv class will be making a lot of noise as we learn to encourage each other and expand our curiosity, creativity, and ability to connect!

**Session:** Sat, Sep. 21 – Nov. 2, 10:00 – 11:00 am #134156

**Session:** Sat, Nov. 9 – Dec. 21, 10:00 – 11:00 am #134157  
No class Nov. 30

**Instructor:** Jesse Roy

**Location:** Newtown Township Administration Building

**Fee:** \$98 **Resident Discount:** \$78



## Acting Techniques (ages 9-14)

Get the job BOOKED! Have you ever wanted to be in a TV commercial or maybe star in a sitcom? Well now is your chance - no experience needed! This laugh-filled class is perfect for the creative performer in all of us. We use plenty of costumes and big props all filmed Green Screen style and backdrops are edited in! Get ready for your auditions!

**Session:** Sun, Sep. 22 – Nov. 27, 10:30 am – 12:00 pm #134305

**Instructor:** Lori Steel Naglak, Stage and Screen Express

**Location:** Newtown Township Administration Building

**Fee:** \$136 **Resident Discount:** \$109

## Brilliant Braids! (ages 5-8, 9-15)

Come out and learn a few different styles of hair braiding! Participants will learn how to do a basic French braid, Fishtail, and a multi-twist ponytail. You will also learn facts about how to care for your hair and how to grow healthy hair! Instructor will provide accessories, but participants are asked to bring their own hairbrush. Short and long hair types welcomed! The Ages 5-8 class is a parent/child class.

**Ages 9-15:** Thu, Oct. 10, 6:30 – 8:30 pm #134303

**Ages 5-8:** Thu, Oct. 24, 6:30 – 8:30 pm #134304

**Instructor:** Kate Chaar, MS Edu

**Location:** Newtown Township Administration Building

**Fee:** \$19 **Resident Discount:** \$15

## Hip Hop For Kids (ages 7-10)

This class is a fun-filled class to introduce your child to Hip Hop! In the past, Hip-Hop has been designed for adolescents and adults. PSPA has created an age appropriate Hip Hop class so kids can experience Hip Hop in a kid friendly environment! It is a high-energy curriculum with an emphasis on rhythm and movement fundamentals. Most importantly it is a class where your child will learn while having fun! Attire: comfortable clothes and sneakers with white soles.

**Session:** Mon, Oct. 7 - 28, 6:00 – 6:45 pm #134294

**Session:** Mon, Jan. 6 – Feb. 3, 6:00 – 6:45 pm #141031  
No class Jan. 20

**Location:** 2324 Second Street Pike, Newtown

**Fee:** \$75 **Resident Discount:** \$60



## Young Artists! - Learn to Draw (ages 8+)

For the beginner and the more advanced artist! The goal of this class is to improve drawing techniques through individual instruction at each student's individual pace. Different topics will be covered each session! Please bring to class: 18 x 24 sketchpad, colored pencils, two or more charcoal pencils, drawing pencils and an eraser. A portable easel or drawing board is optional.

**Session:** Tue, Sep. 17 – Oct. 15, 6:30 – 7:30 pm #134024

**Session:** Tue, Oct. 22 – Dec. 3, 6:30 – 7:30 pm #134025  
No class Nov. 5 & 26

**Session:** Tue, Jan. 7 – Feb. 4, 6:30 – 7:30 pm #141004

**Instructor:** Mary Walsh, A Room with a View

**Location:** Newtown Elementary School

**Fee:** \$65 **Resident Discount:** \$52



## Razzle Dazzle Robotics (ages 9-11)

The children ages 9 - 11 will build Robots with sensors and motors and then program them for action. They may make a sleeping giant come to life, or create an alligator or maybe even a soccer game with a Robot goalie and a robot player trying to kick a ball past the goalie. The children will work with 1 - 2 teammates as they have fun and success.

**Session:** Tue, Nov. 5, 8:45 am – 12:15 pm #134022

**Instructor:** Computertots & Computerexplorers

**Location:** Newtown Township Administration Building

**Fee:** \$86 **Resident Discount:** \$69

## Bust a Gut Laughing! (ages 9-12)

In this theater class we will learn to perform funny jokes and practice other theater skills! Gain confidence and learn to communicate clearly whether on stage or off!

**Session:** Sat, Sep. 21 – Nov. 2, 11:15 – 12:15 pm #134158

**Session:** Sat, Nov. 9 – Dec. 21, 11:15 – 12:15 pm #134159  
No class Nov. 30

**Instructor:** Jesse Roy

**Location:** Newtown Township Administration Building

**Fee:** \$98 **Resident Discount:** \$78



## Fabulous Fall Pies (ages 9-12)

Don't order your pies for the holidays this year! Learn how to make delicious pies from scratch. In this class you will learn to make different types of crusts and fillings and see how easy pie making can be. Each participant will bring home a variety of pies with recipes for each. A \$10 materials fee is due to the instructor at the beginning of class.

**Session:** Wed, Nov. 13, 6:30 – 9:00 pm #134052

**Instructor:** Linda Welles, Lulu's Cakery

**Location:** CRHS North, Room #110

**Fee:** \$38 **Resident Discount:** \$30



## Intermediate Hip Hop (ages 10-13)

This class is a fun-filled Hip Hop class to learn new Hip Hop moves and choreography! It is a high-energy curriculum with an emphasis on rhythm and movement fundamentals. Students will learn fun Hip Hop combinations each week! Most importantly it is a class where your child will have fun! Attire: comfortable clothes and sneakers with white soles.

**Session:** Mon, Oct. 7 – 28, 7:00 – 8:00 pm #134295

**Session:** Mon, Jan. 6 – Feb. 3, 7:00 – 8:00 pm #141031  
No class Jan. 20

**Location:** PSPA, 2324 Second Street Pike, Newtown

**Fee:** \$75 **Resident Discount:** \$60

## Tag Team Dessert Making (ages 10-14)

Calling all future pastry chefs, bring a parent and together be creative while you learn how to make fabulous desserts! Put on your best chef's hat and learn how to make cream puffs, brownie cakes and a special cake roll - fun and food all rolled into one! \*A \$15 materials fee is due to the instructor at the beginning of class. Bring containers to take home your creations to give and share with friends and family.

**Session:** Sat, Nov. 23, 10:00 am - 12:00 pm #134189

**Instructor:** Annie B's Kitchen

**Location:** 599 Washington Crossing Road, Newtown

**Fee:** \$35 **Resident Discount:** \$28



## Teen/ Adult Open Hip Hop (ages 13+)

This class is a fun alternative to your average workout class! While there is a focus on dancing and following choreography, the main focus is on getting your heart rate up and working your body to get in shape. This class is an opportunity to learn how to dance and have fun doing it! Bring your friends and learn the newest and latest grooves! No previous experience necessary. Attire: comfortable clothes and sneakers with white soles.

**Session:** Mon, Oct. 7 – 28, 8:00 – 9:00 pm #134296

**Session:** Mon, Jan. 6 – Feb. 3, 8:00 – 9:00 pm #141033  
No class Jan. 20

**Location:** PSPA, 2324 Second Street Pike, Newtown

**Fee:** \$75 **Resident Discount:** \$60

## Modeling/Acting Workshop (all ages)

Presented by The It Factor Productions, a Tony Award winning production company and Kaback Model Management. This workshop will be lead by industry expert, Ryan Colby. Colby began his career as a model at the age of 12 in London and soon became an in demand fashion model in Paris, London, New York and Tokyo. After 12 years he retired from being in front of the camera and went into art direction, working for prestigious magazines, such as Vogue, Surface, Interview, and advertisements for Victoria's Secret, FedEx, Heineken, and Coach. While art directing, Colby got into scouting faces, which led to a current 10 year career finding some of the most recognizable faces in modeling and acting today. Colby currently runs Colby Models, a high fashion modeling agency based in New York City.

**Session:** Sat, Oct. 19, 10:00 am – 12:00 pm #134059

**Instructor:** It Factor Productions

**Location:** Newtown Township Administration Building

**Fee:** \$31 **Resident Discount:** \$25



**Girl Scout Badges Available! Please contact the Newtown Township Parks & Recreation department at 215-968-2800 ext. 239 to schedule a class for your next meeting! \$9/scout, 6 scout minimum!**

## TOP WOMEN'S HUMANE SOCIETY OFFERS

### Daisy - Whiskers (grades k-2)

The story of a cat named Whiskers and its eventual adoption into a new home is told by the instructor. Using a flannel board, video and scout participation, children discover items that are needed to keep a cat happy, healthy, and safe! (45 min)

### Brownies - Habitats (grades 3-6)

This program explores what a habitat is, the difference between wild, domestic, and companion animals, and how to safeguard their proper habitats. Flannel board images and/or games may be used. (45 min)

### The Good, Bad, & Ugly of Basic Pet Care (grades 3-6)

Basic pet responsibility relating to the care, health, and safety of pets is the focus of this program. Scouts will be able to examine up close different items available for dogs and cats. Discussing the pros and cons of common pet supplies will help promote critical thinking as well as allow scouts to examine items from the pet's perspective. (75 min)

# SPECIAL INTEREST FOR YOUTH

## Babysitting and Beyond! (ages 12-15)

Be the best babysitter that you can be! This specially designed, interactive course prepares sitters for emergencies. The course teaches growth and development of infants & children, age-appropriate toys and games, performing basic care routines, handling bedtimes issues, and more! Also going over basic first aid, getting professional help, and identifying common safety hazards. Using lecture, group discussions, role-playing and hands-on demonstrations, this course provides babysitter readiness skills and more! Participants receive certificates! Please bring a snack and lunch. Class size is limited, please register early!

**Session:** Fri, Sep. 6, 9:00 am – 3:00 pm #134012  
**Session:** Sat, Nov. 16, 9:00 am – 3:00 pm #134013  
**Location:** Newtown Township Administration Building  
**Fee:** \$60 **Resident Discount:** \$48

## Teenage Tastings! (ages 13-17)

Are you a teenager and interested in cooking? Join the Teenage Tastings class with Natural Foods Chef Sara Glassman of Vine Dining! You will learn how to make the best lunch to take with you to school, or how to make delicious snacks when you and your friends are just hanging out. This class will give you the cooking skills you need so your parents can stop worrying about what you are going to eat. Price includes samples during class, copies of the recipes, and a cool gift to take home! There is a \$10 materials fee is due to the instructor at the beginning of class.

**Session:** Thu, Sep. 19 – Oct. 10, 4:30 – 6:00 pm #134070  
**Instructor:** Sara Glassman, Certified Natural Foods Chef  
**Location:** Newtown Township Administration Building  
**Fee:** \$38 **Resident Discount:** \$30



## SAT Workshop

This course prepares students to take the SAT exam. Maximize scores by learning effective problem solving techniques and time management skills! \$30 fee payable to instructor the first night of class. This is a great opportunity to sharpen skills prior to your test dates!

**November Test:** Sun, Sep. 8 – Oct. 27, 12:00 – 3:00 pm #134152  
**January Test:** Sun, Nov. 3 – Jan. 12, 12:00 – 3:00 pm #134153  
 No class Dec. 1, 22, 29  
**Location:** Newtown Township Administration Building  
**Fee:** \$244 **Resident Discount:** \$195

## Drivers Education

Ten weeks of classroom instruction on theory only. (Please check dates, you are required to attend all 10 classes.) Your teen may be eligible for an insurance discount because of this course, please check with your insurance company! Participant does not need a license or permit to take this course but we do ask that participants are at least 15 years of age. Also, to attend the CR HS North session you must be an attending student.

**Sunday, Newtown Township Administration Building**  
**Session:** Sun, Sep. 22 – Nov. 24, 4:00 – 7:00 pm #134030  
**Session:** Sun, Dec. 8 – Mar. 2, 4:00 – 7:00 pm #134031  
 No class Dec. 28, Jan. 20, Feb. 17  
**Wednesday, Council Rock High School North**  
**Session:** Wed, Sep. 18 – Nov. 20, 3:00 – 6:00 pm #134032  
**Session:** Wed, Dec. 4 – Feb. 19, 3:00 – 6:00 pm #134033  
 No class Dec. 25, Jan. 1  
**Instructor:** Duncan School of Driving  
**Fee:** \$94 **Resident Discount:** \$75



# SPECIAL INTEREST FOR ADULT

## Self Esteem Ice Cream -

**"Love without limits begins with self love."-Edie Weinstein**

Wouldn't it be nice if a special recipe came with us at the time of our birth that taught us how to be self-loving? Many of us didn't have healthy role models for this and so engaged in unhealthy behaviors including addictions, dysfunctional relationships and poor choices. This experiential class will offer portable skills to assist you in being self loving, thus creating greater success in the various areas of your life including health, relationships, finances and career. Ice cream will be served at this class!

**Session:** Fri, Nov. 15, 7:00-9:00 pm #134252  
**Instructor:** Edie Weinstein, MSW, LSW  
**Location:** Newtown Township Administration Building  
**Fee:** \$38 **Resident Discount:** \$30

## The Empty Place At The Table: Healing Through Loss and Grief Around The Holidays

Every living person will one day perish and yet this is a subject that as a culture, we have difficulty facing. People find that the winter holidays can be particularly challenging when seeing that 'empty place at the table.' Grief can feel overwhelming then, particularly if a loved one died at this time of year. The class will gently embrace the topic as we explore ways of easing the transition for those whose loved ones are facing end of life or have already passed. It will offer ideas for healing and creating a 'new sense of normal.' Resources for support will be offered as well.

**Session:** Fri, Oct. 18, 7:00-9:00 pm #134251  
**Instructor:** Edie Weinstein, MSW, LSW  
**Location:** Newtown Township Administration Building  
**Fee:** \$38 **Resident Discount:** \$30

## Casual Conversation with a Therapist! (ages 18+)

Professional counseling is the newest in the field of mental health healing arts. This is an opportunity to spend 3 hours in a group forum setting with a local Adlerian therapist. This is not group therapy but a chance to discuss and determine if counseling could be an option for solutions to your life or family issues. Each hour will be an open forum with the first 30 min dedicated to understanding the concepts behind Adlerian thought. The last half hour will be a discussion or question period on how those concepts relate to life's issues.

**Session:** Tue, Oct. 8 - Oct. 22, 7:00 - 8:00 pm #134275  
**Instructor:** Raymond McClintic, MS  
**Location:** Newtown Township Administration Building  
**Fee:** \$31 **Resident Discount:** \$25

## Basic Photography and Editing

The studio owner of AG Photography Inc., Kathrin Torrente, will lead the session. Using your own SLR digital camera you will learn to better understand how to use a camera, adjust manual settings and create spectacular scenery images and portraits. The class will concentrate on manual settings and some basic Photo Shop tips. What to bring to this class: • Your camera for sure • Note pad & pen for notes • A laptop computer (if you have one) • And a USB cable for your camera

**Session:** Thu, Oct. 10 – 24, 6:00 – 8:00 pm #134276  
**Instructor:** Kathrin Torrente  
**Location:** AG Photography, 532 Durham Rd. Suite 100, Newtown  
**Fee:** \$175 **Resident Discount:** \$140



## Asian Cuisine

Expand your culinary expertise with different flavors from the Far East in a fun and informative atmosphere. Learn how to make Vietnamese summer rolls, Thai food and other dishes from Asia. This is a hands on cooking class taught step by step. Every session will have different menu. **A \$15 materials fee is due to the instructor at the beginning of class.**

**Session:** Wed, Oct. 2, 6:00-8:00 pm #134272  
**Session:** Wed, Nov. 6, 6:00-8:00 pm #134273  
**Session:** Wed, Dec. 4, 6:00-8:00 pm #134274  
**Session:** (Gluten Free) Wed, Jan. 8, 6:00-8:00 pm #141025  
**Instructor:** Amelia Chong  
**Location:** Council Rock HS North, Rm. #110  
**Fee:** \$19 **Resident Discount:** \$15



## Healthy Delicious Desserts!

Looking for a better way to prepare great tasting desserts that are better for you than using conventional ingredients? Learn how to make scrumptious desserts while saving your calories! Certified Natural Foods Chef, Sara Glassman, of Vine Dining, will cook dessert for you as she explains the nutritious and organic ingredients of her hand-made treats that have less fat and no saturated/trans fat. In this class, you will receive copies of the recipes as Chef Sara guides you through cooking healthier versions of your classic favorites. This class also includes a special gift and a tasty sample of the daily recipe(s). **A \$5 materials fee is due to the instructor at the beginning of class.**

**Session:** Thu, Sep. 19 – Oct. 10, 1:00 – 2:30 pm #134071  
**Instructor:** Sara, Glassman, Certified Natural Foods Chef  
**Location:** Newtown Township Administration Building  
**Fee:** \$38 **Resident Discount:** \$30



## AARP Renewal Course

The refresher class is for those who have previously taken either course within the past 3 years and bring proof of previous class completion such as their certificate or insurance bill showing discount.

**Session:** Tue, Oct. 22, 1:00-5:30 pm #134265  
**Instructor:** Joan Goldstein  
**Location:** Newtown Township Administration Building  
**Fee:** \$14 (\$12 with AARP membership)



## AARP Driver Safety Program

There is a state mandated insurance discount of a minimum of 5% upon course completion. While the course is available for any age participant, the discount is for drivers 50 years old or older.

**Session:** Thu & Fri, Oct. 10 & 11, 1:00-5:30 pm #134266  
**Instructor:** Joan Goldstein  
**Location:** Newtown Township Administration Building  
**Fee:** \$14 (\$12 with AARP membership)



# SPECIAL INTEREST FOR ADULT

## Love Your Body—It Believes Every Word You Say

We have physical responses to every emotion and thought. The mind and the body are not just connected but an integrated whole. What is your relationship with your body? What are you saying to yourself? If our words and thoughts can make us ill, they can also make us well. The body "thinks" and our DNA shifts and changes in response to our thoughts, feelings and our environment. Take care of this amazing vehicle that you have been gifted with in this lifetime. In this workshop we will review the amazing evidence that your body thinks and feels and how your thoughts and beliefs, and loving yourself can change your health and your life.

**Session:** Wed, Sep. 25, 7:00 - 9:00 pm #134269  
**Instructor:** Dr. Susan Burger  
**Location:** Newtown Township Administration Building  
**Fee:** \$38 **Resident Discount:** \$30



## The Power of Conscious Intention: It will change the way you see your world!

New scientific evidence is proving the power of thought, intention and prayer, and revolutionizing our understanding of the link between mind and matter. Join us as we review some of the stunning evidence of how thoughts control life. It will change the way you see your world!! Meditation reduces crime rates...prayer supports cardiac health...positive thoughts improve polluted water...emotions change DNA...Love connects us. And it all happens outside the confines of time and distance. We can, individually and collectively, improve the global human condition. Prayer, whether used in the religious context or as willful, conscious intent used scientifically, harnesses the spiritual might of directed thought!

**Session:** Mon, Dec. 4, 7:00 - 9:00 pm #134268  
**Instructor:** Dr. Susan Burger  
**Location:** Newtown Township Administration Building  
**Fee:** \$38 **Resident Discount:** \$30



## What Do Women Want?

### Helping Men Understand Women in the Dating World

If you're a single, divorced, or widowed man looking for that special someone, this is the seminar for you. Dating Coach Gayle will present an overview of the most common questions her male dating coaching clients have...and provide answers that will help men of all ages understand women's behaviors, needs, and wants. She'll also give you success strategies to help you find your kind of woman. Come with all your questions about women and dating...and leave with a better handle on the opposite sex, designed to make your dating experiences and relationships a whole lot easier and more fun!

**Session:** Thu, Sep. 26, 7:00 - 9:00 pm #134246  
**Instructor:** Gayle Crist, M.S., Life Coach & Dating Coach  
**Location:** Newtown Township Administration Building  
**Fee:** \$38 **Resident Discount:** \$30



## Overcome Negativity: How to Stay Positive in Hard Times

If it's difficult for you to look on the bright side in times of adversity, this seminar can help. Life Coach Gayle will teach you ways to turn negative thoughts into positive actions by choosing to see things in a different way. No matter what adversity you're experiencing, changing your perspective can change your life for the better. Join us for an uplifting presentation about the 5 choices that will help you overcome negativity and the 8 P's for functioning well in stressful situations.

**Session:** Thu, Jan. 9, 7:00 - 9:00 pm #141021  
**Instructor:** Gayle Crist, M.S., Life Coach  
**Location:** Newtown Township Administration Building  
**Fee:** \$38 **Resident Discount:** \$30

## 50 Ways to Meet Boomer Singles for Dating

Divorced or widowed, over age 40, and looking to meet some great people for dating? Join Dating Coach Gayle for a lively presentation about dozens of places and ways to cross paths with like-minded singles your age in the Delaware Valley. Gayle will give you the ins and outs of singles activities & events as well as the hobby groups and online dating sites that are the best for Boomer singles...PLUS there'll be time to answer any and all of your questions about success strategies you can use in the dating world.

**Session:** Wed, Nov. 13, 7:00 - 9:00 pm #134247  
**Instructor:** Gayle Crist, M.S., Life Coach & Dating Coach  
**Location:** Newtown Township Administration Building  
**Fee:** \$38 **Resident Discount:** \$30



## Self-Empowerment Through Self Hypnosis! (ages 18+)

Learn how self-hypnosis can change your life! In this class you are going to be taught self-hypnosis and learn its benefits through hands on experience! This class is going to teach you how to reach goals using self-hypnosis, goals that include: stress reduction, power of positive thinking, learning progressive relaxation and your personal goals!

**Session:** Thu, Oct. 10 - Oct. 24, 7:00-9:00 pm #134240  
**Instructor:** Robert J. Bullock, CH & Member of National Guild of Hypnotists  
**Location:** Newtown Township Administration Building  
**Fee:** \$63 **Resident Discount:** \$50

## Making Homemade Bread in Time for the Holidays

Cool weather is a great time to bake. Learn the secrets of bread making and amaze yourself and your family with homemade bread. We will cover mixing, kneading, and shaping your loaf. Participants will make a loaf of bread in class, and bake the bread at home to enjoy the special aromas in your kitchen. Bring 2 mixing bowls, a wooden spoon, and dishtowels.

**\*A materials fee of \$15 is payable to the instructor on the day of class.**  
**Session:** Sat, Nov 23, 12:30-2:30 pm #134244  
**Instructor:** Mary Crum  
**Location:** Newtown Township Administration Building  
**Fee:** \$25 **Resident Discount:** \$20



## Holiday Pie Making

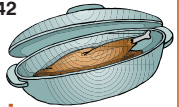
Learn the secrets of working with pie dough and take home your great tasting homemade apple pie. We will cover selecting ingredients, how to roll out crust, preparing filling, and preparing crusts for fruit pies and cream pies. Reserve a space a.s.a.p. Participation limited. Bring a rolling pin, wooden spoon, dishtowels, and two mixing bowls. **\*A materials fee of \$15 is payable to the instructor on the day of class.**

**Session:** Sat, Nov. 23, 10:00 am - 12:00 pm #134243  
**Instructor:** Mary Crum  
**Location:** Newtown Township Administration Building  
**Fee:** \$25 **Resident Discount:** \$20

## Home Cooking of Natural Foods - Dairy Learn to Make Greek Yogurt & Cottage Cheese

During this NEW WORKSHOP we will make cottage cheese, and learn how to easily make Greek yogurt. Bring a stainless steel mixing bowl, 2 dishtowels, and a wooden spoon. Join us and share your experiences making other dairy products. **\*A materials fee of \$12 is payable to the instructor on the day of class.**

**Session:** Sat, Oct. 26, 12:30 - 2:30 pm #134242  
**Instructor:** Mary Crum  
**Location:** Newtown Township Administration Building  
**Fee:** \$25 **Resident Discount:** \$20



## Home Cooking of Natural Foods - Whole Bread and Grains

Join us in this NEW WORKSHOP making whole wheat bread (bring a bread pan, 2 dishtowels, mixing bowl and wooden spoon). While the bread is rising we will make cracked grain cereal, whole wheat flour from grain, sprouts, and sourdough starter. **\*A materials fee of \$12 is payable to the instructor on the day of class.**

**Session:** Sat, Oct. 26, 10:00 am - 12:00 pm #134241  
**Instructor:** Mary Crum  
**Location:** Newtown Township Administration Building  
**Fee:** \$25 **Resident Discount:** \$20

## Maximizing Retirement Income and Protecting Your Money

How to safely generate maximum income from IRA's, 401K's & savings that will last as long as you do • How annuities work, their pros & cons, and what role they can play • How to create a comprehensive retirement income plan • Find out the shocking truth if your portfolio is lacking: 1) maximum income for life 2) safety of principal 3) growth 4) liquidity and 5) tax-advantages! Don't miss this session!

**Session:** Tue, Oct. 1, 6:30 - 8:00 pm #134248  
**Instructor:** Jeffrey Beyer, American Prosperity Group  
**Location:** Newtown Township Administration Building  
**Fee:** \$13 **Resident Discount:** \$10



## Savvy Social Security Planning

State of the union with Social Security solvency • How is my benefit calculated and how can I make it grow? • Understanding all of the rules of the road (ages, COLAS, etc.) • Whether to delay social security or not • Understanding the nuances of spousal benefits, divorce benefits, widow benefits • How to maximize the amount that Social Security will pay • Understanding the tax ramifications of social security

**Session:** Tue, Dec. 3, 6:30 - 8:00 pm #134250  
**Instructor:** Jeffrey Beyer, American Prosperity Group  
**Location:** Newtown Township Administration Building  
**Fee:** \$13 **Resident Discount:** \$10

## Getting Fiscally Fit

In this class, learn how to overcome the roadblocks to financial success, create and maintain a financial blueprint, and develop active steps to financial freedom! Also, learn how your daily habits influence your financial fitness and why tax planning vs. tax preparation can put \$\$ back into your cash flow!

**Session:** Tue, Nov. 12, 6:30 - 8:00 pm #134249  
**Instructor:** Jeffrey Beyer, American Prosperity Group  
**Location:** Newtown Township Administration Building  
**Fee:** \$13 **Resident Discount:** \$10

## College Planning

How to Address the High Cost of College • Developing a College Investment Plan • The New Educational IRA • Maximizing Financial Aid • Investment Alternatives

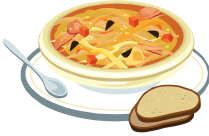
**Session:** Tue, Jan. 7, 6:30 - 8:00 pm #141022  
**Instructor:** Jeffrey Beyer, American Prosperity Group  
**Location:** Newtown Township Administration Building  
**Fee:** \$13 **Resident Discount:** \$10

# SPECIAL INTEREST FOR ADULT

## Autumn Stews: All about Braising

Nothing says comfort like a stew simmering on the stove on a crisp fall day. Learn the art of braising, turning an inexpensive cut of meat into a rich fulfilling meal. We will focus on simple techniques that will translate into many, many different meals. Menu items: Chicken Braised in Apple Cider, Short Ribs Braised in Red Wine, Braised Lamb Shanks with garlic and rosemary, to name just three of the enticing possibilities. Come braise and then dine on the delightful results. **\*A \$15 materials fee is due to the instructor at the beginning of class. A Full meal is served with this class!**

**Session:** Tue, Oct. 1, 6:00 – 9:00 pm #134279  
**Instructor:** Annie B's Kitchen  
**Location:** 599 Washington Crossing Road, Newtown  
**Fee:** \$35 **Resident Discount:** \$28



## Soups Soups and more Soups

What is better food for the soul than homemade soups? A bowl of soup and a piece of crusty French bread can be the perfect meal. Learn to make simple stocks and to choose just the right ingredients for your soups. Learn to make a variety of different types of soup - cream soups, clear soups, hearty soups. With this basic knowledge you will be able to make dozens of different soups for any occasion. **\*A \$15 materials fee is due to the instructor at the beginning of class. A Full meal is served with this class!**

**Session:** Tue, Oct. 8, 6:00 – 9:00 pm #134280  
**Instructor:** Annie B's Kitchen  
**Location:** 599 Washington Crossing Road, Newtown  
**Fee:** \$35 **Resident Discount:** \$28

## Autumn Celebration: Dinner Party Cooking

Intimidated by cooking for a crowd? Join us for a delicious Autumn meal and learn about an easy menu to prepare in advance for 2 or 25. Simple techniques that will make you look like a superstar in the kitchen. A superb gourmet meal consisting of Specialty Drink: Autumn Fruit Hard Cider, Appetizer: Herbed Squash Ravioli, Salad: Baby Greens Salad with Grilled Figs and Walnuts, Entree: Glazed Pork Loin with Pear and Thyme, Pork Roasted Potatoes and Butternut Squash and Dessert: Citrus Ginger Cake with Orange Liqueur Glaze. **\*A \$20 materials fee is due to the instructor at the beginning of class. A Full meal is served with this class!**

**Session:** Tue, Oct. 15, 6:00 – 9:00 pm #134281  
**Instructor:** Annie B's Kitchen  
**Location:** 599 Washington Crossing Road, Newtown  
**Fee:** \$35 **Resident Discount:** \$28

## Classic French Desserts

All things Pate Choux - from one simple recipe made with flour, butter, eggs and water, there are literally dozens of desserts you can make spanning many cultures: éclairs, cream puffs, beignets, gougeres, churros, St Honore cakes, croquebouche to name just a few. Master this one recipe and you will be able to dazzle with the variety of very elegant desserts you can create. Come learn how and leave with a masterpiece! **\*A \$15 materials fee is due to the instructor at the beginning of class. Bring containers to take home your creations to give and share with friends and family.**

**Session:** Tue, Jan 21, 6:00 – 9:00 pm #141027  
**Instructor:** Annie B's Kitchen  
**Location:** 599 Washington Crossing Road, Newtown  
**Fee:** \$35 **Resident Discount:** \$28

## Edible Gifts

A homemade gift of food is truly a gift from the heart. Learn to make simple and elegant sweets and savories to package and give as delightful gifts for many occasions. We will pick 10 delicious foods from the endless number of possibilities to make, package and wrap as gifts using cookies, small cakes, truffles, spiced nuts, vinegars, and mixes. Come bake, taste test, wrap and decorate Edible Gifts with Annie B. **\*A \$20 materials fee is due to the instructor at the beginning of class. Bring containers to take home your creations to give and share with friends and family.**

**Session:** Tue, Nov. 12, 6:00 – 9:00 pm #134283  
**Instructor:** Annie B's Kitchen  
**Location:** 599 Washington Crossing Road, Newtown  
**Fee:** \$35 **Resident Discount:** \$28

## Knife Skills: Use a Knife like a pro!

Has a recipe that had so much chopping, cutting and slicing ever stopped you? In this class, learn how to make your knives work for you. You will learn to use a knife quickly and efficiently to chop, dice, slice, julienne, chiffonade, and mince. You will even learn how to cut up a chicken. Cutting will become, for you, part of the pleasure of the preparation. And food tastes better and has greater eye appeal when all the ingredients are cut uniformly. You will learn how to choose and use the right knives, how to keep them sharp, how to set up the proper cutting area. You will end the class with a meal made from the fruits (and vegetables) of your labor. Menu items: Fall Vegetable Soup, Chopped Salad Apple Cider Vinaigrette, Grilled Chicken with Spicy Tomato Salsa. **\*A \$15 materials fee is due to the instructor at the beginning of class. A Full meal is served with this class!**

**Session:** Tue, Sep. 24, 6:00 – 9:00 pm #134278  
**Instructor:** Annie B's Kitchen  
**Location:** 599 Washington Crossing Road, Newtown  
**Fee:** \$35 **Resident Discount:** \$28



## Thanksgiving Desserts: Holiday Pies and Tarts

Bring the finishing touch to your Holiday meal or as a gift to your friends at Thanksgiving. Learn to make, roll and bake the perfect pie pastry and fill with the finest Fall fillings and toppings. Bring to the table delicious and beautiful Thanksgiving desserts to finish the meal. Pumpkin Pie, Apple Cranberry Pie, Sticky Toffee Pudding, Cranberry Tart and Cranberry Walnut Bread Pudding are only a few of the desserts that you will learn. **\*A \$15 materials fee is due to the instructor at the beginning of class. Bring containers to take home your creations to give and share with friends and family.**

**Session:** Tue, Nov. 26, 6:00 – 9:00 pm #134285  
**Instructor:** Annie B's Kitchen  
**Location:** 599 Washington Crossing Road, Newtown  
**Fee:** \$35 **Resident Discount:** \$28



## Christmas Cookie Boxes: Holiday Cookie Baking

Nothing says Holidays like festive and fresh baked cookies but who has the time anymore? This hands-on class is designed so that you leave with dozens of Holiday cookies for your table or to give as wonderful gifts of food. Sugar cookies, biscotti decorated gingerbread, shortbread and bar cookies are all part of the class. Join us in Annie B's Kitchen for three hours of baking and decorating. Leave with recipes and a shopping list and armloads of cookies. **\*A \$20 materials fee is due to the instructor at the beginning of class. Bring containers to take home your creations to give and share with friends and family.**

**Session:** Tue, Dec. 3, 6:00 – 9:00 pm #134286  
**Instructor:** Annie B's Kitchen  
**Location:** 599 Washington Crossing Road, Newtown  
**Fee:** \$35 **Resident Discount:** \$28



## Holiday Hors D'Oeuvres

Learn simple techniques for creating gourmet hors d'oeuvre for the holiday season. This hands-on class is both informative and delicious. We will make small bites of flavorful foods both savory and sweet and then enjoy eating them. Leave with recipes and shopping list so that you can create foods to give as gifts or to serve at all your holiday events. **\*A \$15 materials fee is due to the instructor at the beginning of class. Bring containers to take home your creations to give and share with friends and family.**

**Session:** Tue, Dec. 10, 6:00 – 9:00 pm #134287  
**Instructor:** Annie B's Kitchen  
**Location:** 599 Washington Crossing Road, Newtown  
**Fee:** \$35 **Resident Discount:** \$28

## Decorating Gingerbread Houses and Ornaments for Grown-Ups!

Nothing says Holidays like Gingerbread! We will bake and assemble the houses for you. In this class you can bring out the child in you, some of your favorite candies to decorate with and we will provide you with all of the icing, piles of candies, and the instruction you need to create works of holiday art. There will also be Stockings and Trees and other holiday shaped cookies to decorate and hang on your holiday tree. Free your inner artist and have fun. **\*A \$15 materials fee is due to the instructor at the beginning of class. Bring containers to take home your creations to give and share with friends and family.**

**Session:** Tue, Dec. 17, 6:00 – 9:00 pm #134288  
**Instructor:** Annie B's Kitchen  
**Location:** 599 Washington Crossing Road, Newtown  
**Fee:** \$35 **Resident Discount:** \$28

## Cooking the Morning Meal

Tired of making the same old things for breakfast? Make a wide variety of breakfast items quickly and easily with the right recipes, and the right tools. Learn how to make The Perfect Omelet, Buttered Crepe with Caramel and Pecan, Cheese Soufflé, Eggs 3 Ways – Scrambled, Poached, Over Easy (with Home Fries, please), Belgian Waffles with Fresh Fruit and cream and Bread Pudding. **\*A \$15 materials fee is due to the instructor at the beginning of class. A Full meal is served with this class!**

**Session:** Tue, Jan 14, 6:00 – 9:00 pm #141026  
**Instructor:** Annie B's Kitchen  
**Location:** 599 Washington Crossing Road, Newtown  
**Fee:** \$35 **Resident Discount:** \$28



## Simple Comforts: Cooking with Fall Foods

Learn the techniques of simple cold weather comfort foods: Squash Soup, Herbed Chicken Pot Pie, Popovers and Chocolate Pudding. A little bit of soup education, braising, baking and a fabulous meal! **\*A \$15 materials fee is due to the instructor at the beginning of class. A Full meal is served with this class!**

**Session:** Tue, Nov. 19, 6:00 – 9:00 pm #134284  
**Instructor:** Annie B's Kitchen  
**Location:** 599 Washington Crossing Road, Newtown  
**Fee:** \$35 **Resident Discount:** \$28



## Tacos Galore Authentic Mexican Foods

Explore Tacos in all their many tastes and types. We will make 10 different toppings and explore the many possible authentic Mexican variations on this versatile dish. From Roasted Tomatoes to Carnitas, Chili, and Guacamole we will make it all! **\*A \$15 materials fee is due to the instructor at the beginning of class. A Full meal is served with this class!**

**Session:** Tue, Oct. 22, 6:00 – 9:00 pm #134282  
**Instructor:** Annie B's Kitchen  
**Location:** 599 Washington Crossing Road, Newtown  
**Fee:** \$35 **Resident Discount:** \$28





# SPECIAL INTEREST FOR ADULT

## Americana: Simple Family Meals

We eat every day. We feed our families every day. But in this hectic age of fast pace and fast food, we have lost the art of preparing simple, healthful, and easy to make family meals. Come learn simple techniques for meals that are quick to prepare and put on the table and sure to satisfy your hungry crowd. Crispy Oven Chicken, Mashed Potatoes, Chicken Soup, Shepard's Pie, Turkey Chimichangas (my kid's favorite) healthy, delicious meals with great leftovers! **\*A \$15 materials fee is due to the instructor at the beginning of class. A Full meal is served with this class!**

**Session:** Tue, Sep. 17, 6:00 – 9:00 pm

#134277

**Instructor:** Annie B's Kitchen

**Location:** 599 Washington Crossing Road, Newtown

**Fee:** \$35 **Resident Discount:** \$28

## Make Your Own Earrings

Learn how to make your own earrings using the wire wrapping technique. In this class you will make three pairs of earrings using head pins, chain and chandeliers. The instructor will provide tools to use during class and a supply kit for each student. Bring a pair of your favorite earrings or a picture of something you would like to make and we will discuss how to replicate it at the end of class. **\*A \$10 materials fee is due to the instructor at the beginning of class.**

**Session:** Wed, Nov. 6, 6:30-9:30 pm

#134263

**Instructor:** Robin Connell

**Location:** Newtown Township Administration Building

**Fee:** \$38 **Resident Discount:** \$30



## Introduction to Jewelry Making

Learn how to make your own jewelry this fall. This class begins with an orientation to beading making supplies and tools. We will cover the types of beads, findings, clasps, wires and metals. In this class you will make an 18" necklace including layout, stringing the beads and completing your project with crimping. The instructor will provide tools to use during class and a supply kit for each student. At the end of class we will discuss various supply resources. **\*A \$15 materials fee is due to the instructor at the beginning of class.**

**Session:** Wed, Oct. 2, 6:30-9:30 pm

#134260

**Instructor:** Robin Connell

**Location:** Newtown Township Administration Building

**Fee:** \$38 **Resident Discount:** \$30

## Introduction to Bead Weaving

Learn how to bead weave and make a beautiful fringe bracelet. In this class you will learn how to use a bead needle and fireline to weave seed beads with 180 accent beads. The instructor will provide tools to use during class and a supply kit for each student. **\*A \$25 materials fee is due to the instructor at the beginning of class.**

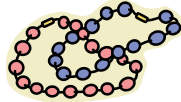
**Session:** Wed, Oct. 30, 6:30-9:30 pm

#134262

**Instructor:** Robin Connell

**Location:** Newtown Township Administration Building

**Fee:** \$38 **Resident Discount:** \$30



## Pearl-Knotting

Learn how to knot bead cord to make a beautiful 18" graded Swarovski pearl necklace. This class utilizes pointed tweezers to make knots. You will also learn all about Swarovski glass pearls, fresh water pearls, natural pearls and clasps. The instructor will provide tools to use during class and a supply kit for each student. At the end of class the instructor will help you restring an old set of pearls you might have in your jewelry box. **\*A \$10 materials fee is due to the instructor at the beginning of class.**

**Session:** Wed, Oct. 16, 6:30-9:30 pm

#134261

**Instructor:** Robin Connell

**Location:** Newtown Township Administration Building

**Fee:** \$38 **Resident Discount:** \$30

## A Little Bling for the Holidays

Learn how to make a pair of matching earrings, bracelet and necklace for your favorite cocktail dress. In this class you will learn all about Swarovski beads and elements and discuss how bling is created in crystal. The instructor will provide tools to use during class and a supply kit for each student. **\*A \$30 materials fee is due to the instructor at the beginning of class.**

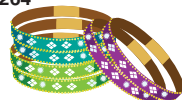
**Session:** Wed, Dec. 11, 6:30-9:30 pm

#134264

**Instructor:** Robin Connell

**Location:** Newtown Township Administration Building

**Fee:** \$38 **Resident Discount:** \$30



## Understanding the Basics of Wills, Powers of Attorney & Probating an Estate

Learn the basics of a simple Will, what the terms mean, how to probate a Will and what happens if there isn't a Will. Learn about Durable Powers of Attorney & Living Wills. Taught by an attorney with 30+ year's experience.

**Session:** Thu, Oct. 17, 6:30 – 9:30 pm

#134271

**Instructor:** Anne Porter, Esq.

**Location:** Newtown Township Administration Building

**Fee:** \$25 **Resident Discount:** \$20



## Beginner Cha,Cha & Hustle (ages 18+)

The first 3 weeks will be beginner Cha, Cha lessons, and the second 3 weeks will be beginner Hustle. Couples and singles are welcome!

**Session:** Mon, Sep. 23 – Nov. 4, 8:00-8:45 pm

#134254

**No Class Oct. 28**

**Instructor:** Claudia and Larry Silverman

**Location:** TBA

**Fee:** \$75

**Resident Discount:** \$60



## Beginner Swing & Beginner Salsa (ages 18+)

The first 3 weeks will be beginner Swing lessons, and the second 3 weeks will be beginner Salsa. Couples and singles are welcome!

**Session:** Mon, Sep. 23 – Nov. 4, 7:00 – 7:45 pm

#134253

**No Class Oct. 28**

**Instructor:** Claudia and Larry Silverman

**Location:** TBA

**Fee:** \$75

**Resident Discount:** \$60



## Intermediate Swing & Intermediate Salsa (ages 18+)

The first 3 weeks will be Intermediate Swing lessons, and the second 3 weeks will be Intermediate Salsa. Couples and singles are welcome!

**Session:** Mon, Nov. 11 – Jan. 6, 7:00-7:45 pm

#134255

**No Class Nov. 25, Dec. 23 & 30**

**Instructor:** Claudia and Larry Silverman

**Location:** TBA

**Fee:** \$75

**Resident Discount:** \$60

## Beginner West Coast Swing (ages 18+)

Come join us and learn beginner West Coast Swing lessons. Couples and singles are welcome!

**Session:** Mon, Nov. 11 – Jan. 6, 8:00-8:45 pm

#134256

**No Class Nov. 25, Dec. 23 & 30**

**Instructor:** Claudia and Larry Silverman

**Location:** TBA

**Fee:** \$75

**Resident Discount:** \$60



## Intermediate West Coast Swing (ages 18+)

Come join us and learn Intermediate West Coast Swing lessons. Couples and singles are welcome!

**Session:** Mon, Jan. 27 – Mar. 10, 8:00-8:45 pm

#141024

**No Class Feb. 17**

**Instructor:** Claudia and Larry Silverman

**Location:** TBA

**Fee:** \$75

**Resident Discount:** \$60



## Beginner Waltz & Rumba (ages 18+)

Learn, Practice, and have fun with dancing! The first 3 weeks will be beginner Waltz lessons, and the second 3 weeks will be beginner Rumba lessons. Couples and singles are welcome!

**Session:** Mon, Jan. 27 – Mar. 10, 7:00-7:45 pm

#141023

**No Class Feb. 17**

**Instructor:** Claudia and Larry Silverman

**Location:** TBA

**Fee:** \$75

**Resident Discount:** \$60



## Adult Drawing and Sketching (ages 16+)

It's never too late to start or practice something you love! In this class, participants will focus on perspective, form, modeling and more. All levels are welcome! Please bring to class: 18x24 sketchpad, pencils, colored pencils, two or more charcoal pencils, and an eraser. A portable easel or drawing board is optional.

**Session:** Tue, Sep. 17 – Oct. 15, 7:30 – 8:30 pm

#134027

**Session:** Tue, Oct. 22 – Dec. 3, 7:30 – 8:30 pm

#134028

**No class Nov. 5 & 26**

**Session:** Tue, Jan. 7 – Feb. 4, 7:30 – 8:30 pm

#141005

**Instructor:** Mary Walsh, A Room with a View

**Location:** Newtown Elementary School

**Fee:** \$65

**Resident Discount:** \$52



## Organizing for Life with My Friend Christine Nelson

Need more time in your day? Need more money in your pocket? Need to reduce your stress level? If that sounds good to you, then this is the course you need to take! Through this fun, dynamic and interactive program you will learn organizational skills that will last a lifetime and gain the knowledge to really live life to the fullest!

**Session:** Wed, Oct. 16, 7:00 – 9:00 pm

#134257

**Session:** Wed, Nov. 13, 10:00 am – 12:00 pm

#134258

**Session:** Wed, Dec. 11, 7:00 – 9:00 pm

#134259

**Instructor:** Christine Nelson

**Location:** Newtown Township Administration Building

**Fee:** \$25

**Resident Discount:** \$20

# YOUTH SPORTS

## My Mommy, My Daddy and Me Gymnastics (ages 16-30 months)

One or both parents! TAG team, a great way to bond with your little sport star! Build their confidence through inventive, instructor guided lessons that leave everyone with a big smile and wanting to do more! There is an \$18 TAG registration fee due to the instructor (once for the year).

**Session:** Sat, Sep. 14 - Nov. 9, 9:00 - 9:40 am **#134082**  
No class Oct. 26

**Session:** Sat, Nov. 16 - Jan. 25, 9:00 - 9:40 am **#134083**  
No class Nov. 30, Dec. 28, Jan. 18

**Fee:** \$109 **Resident Discount:** \$88

**Instructor:** Jeffrey Clements, TAG Inc.  
**Location:** God's Love Lutheran Church



## Olympic Tumble Tots (ages 3-5)

Gymnastics and a huge imagination, yields amazing results in strength, coordination, flexibility, and nutritional awareness! There is an \$18 TAG registration fee due to the instructor (once for the year).

**Session:** Sat, Sep. 14 - Nov. 9, 9:45 - 10:30 am **#134084**  
No class Oct. 26

**Session:** Sat, Nov. 16 - Jan. 25, 9:45 - 10:30 am **#134085**  
No class Nov. 30, Dec. 28, Jan. 18

**Fee:** \$109 **Resident Discount:** \$88

**Instructor:** Jeffrey Clements, TAG Inc.  
**Location:** God's Love Lutheran Church

## Gymnastics I (ages 5-8)

The next level after Olympic Tumble Tots! There is an \$18 TAG registration fee due to the instructor (once for the year).

**Session:** Sat, Sep. 14 - Nov. 9, 10:30 - 11:15 am **#134086**  
No class Oct. 26

**Session:** Sat, Nov. 16 - Jan. 25, 10:30 - 11:15 am **#134087**  
No class Nov. 30, Dec. 28, Jan. 18

**Fee:** \$109 **Resident Discount:** \$88

**Instructor:** Jeffrey Clements, TAG Inc.  
**Location:** God's Love Lutheran Church



## Tumbling! (ages 6-10)

For beginner or advanced skills! Cartwheels, round-offs, back handsprings, front and back flips, core conditioning & more! This is an excellent class for students who want to focus on tumbling components in martial art forms or cheerleading. There is an \$18 TAG registration fee due to the instructor (once for the year).

**Session:** Sat, Sep. 14 - Nov. 9, 11:20 - 12:10 pm **#134116**  
No class Oct. 26

**Session:** Sat, Nov. 16 - Jan. 25, 11:20 - 12:10 pm **#134117**  
No class Nov. 30, Dec. 28, Jan. 18

**Fee:** \$109 **Resident Discount:** \$88

**Instructor:** Jeffrey Clements, TAG Inc.



## Gymnastics II (ages 7-9, 10-12)

Tumbling, trampoline, single bar, vault, beam, and more! Beginner to advanced skills training. There is an \$18 TAG registration fee due to the instructor (once for the year).

**Session:** Sat, Sep. 14 - Nov. 9, 11:20 - 12:10 pm **#134088**  
No class Oct. 26

**Session:** Sat, Nov. 16 - Jan. 25, 11:20 - 12:10 pm **#134089**  
No class Nov. 30, Dec. 28, Jan. 18

**Fee:** \$109 **Resident Discount:** \$88

**Instructor:** Jeffrey Clements, TAG Inc.  
**Location:** God's Love Lutheran Church



## Little Ninjas (ages 3-5)

Taught by two Second-Degree Black Belts, kids ages 3 through 5 will learn basic martial arts skills as they learn the basics of paying attention, balance skills, coordination, manners and respecting others in an always fun and positive atmosphere! (Uniform is required - one time purchase of \$30 through Action Karate)

**Tuesday**

**Session:** Tue, Sep. 10 - Oct. 8, 4:00 - 4:35 pm **#133094**

**Session:** Tue, Oct. 15 - Nov. 12, 4:00 - 4:35 pm **#134107**

**Session:** Tue, Nov. 19 - Jan. 7, 4:00 - 4:35 pm **#134108**  
No class Nov. 26, Dec. 24, 31

**Thursday**

**Session:** Thu, Sep. 12 - Oct. 10, 4:05 - 4:40 pm **#133097**

**Session:** Thu, Oct. 17 - Nov. 14, 4:05 - 4:40 pm **#134109**

**Session:** Thu, Nov. 21 - Jan. 9, 4:05 - 4:40 pm **#134110**  
No class Nov. 28, Dec. 26, Jan. 2

**Saturday**

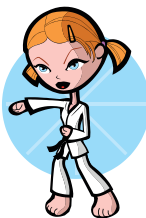
**Session:** Sat, Sep. 14 - Oct. 12, 8:30 - 9:05 am **#133100**

**Session:** Sat, Oct. 19 - Nov. 16, 8:30 - 9:05 am **#134111**

**Session:** Sat, Nov. 23 - Jan. 11, 8:30 - 9:05 am **#134112**  
No class Nov. 30, Dec. 28, Jan. 4

**Location:** Action Karate, 11 Penns Trail, Suite 500 Newtown

**Fee:** \$56 **Resident Discount:** \$45



## Golf for Tots! (ages 3-5)

Join us for these family friendly lessons and learn early what golf is all about! These lessons will instill skills and fundamentals for golf and sportsmanship. An adult must accompany each child, all equipment is provided.

**Session:** Fri, Sep. 27 - Oct. 18, 10:30 - 11:15 am **#134095**

**Instructor:** Pete Wentz

**Location:** Spring Mill Country Club, Ivyland  
**Fee:** \$75 **Resident Discount:** \$60

## Youth Lacrosse Clinic (ages 4-6, 7-10)

This clinic will show your children a non-competitive way of learning the sport of lacrosse. Youth will learn how to stick handle, pass, catch, shoot and defend while promoting basic fundamentals.

**Ages 4-6:** Tue, Sep. 3 - Oct. 22, 4:00 - 4:45 pm **#134139**

**Ages 4-6:** Thu, Sep. 5 - Oct. 24, 4:00 - 4:45 pm **#134140**

**Ages 7-10:** Tue, Sep. 3 - Oct. 22, 5:00 - 5:45 pm **#134141**

**Ages 7-10:** Thu, Sep. 5 - Oct. 24, 5:00 - 5:45 pm **#134142**

**Location:** Holland Outdoor Center  
**Fee:** \$84 **Resident Discount:** \$67



## Super Sports! (ages 3-6)

Super sports introduces children to a variety of sports and teaches them the skills needed to play appropriately! Sports include (but are not limited to) baseball, soccer, basketball, hockey, football, volleyball, lacrosse, and others! Sportsmanship is emphasized!

**Session:** Tue, Sep. 3 - Oct. 22, 4:30 - 5:15 pm **#134121**

**Session:** Thu, Sep. 5 - Oct. 24, 4:30 - 5:15 pm **#134122**

**Session:** Tue, Oct. 29 - Dec. 17, 4:30 - 5:15 pm **#134123**

**Session:** Thu, Oct. 31 - Dec. 19, 4:30 - 5:15 pm **#134124**  
**No class Nov. 28th**

**Location:** YMCA Fitness Center, Chandler Hall  
**Fee:** \$84 **Resident Discount:** \$67

## Basketball Clinic (ages 3-6)

Children will learn the basic skills like dribbling, passing, and shooting while focusing on team work and developing confidence.

**Session:** Wed, Sep. 4 - Oct. 23, 5:00 - 5:45 pm **#134135**

**Session:** Mon, Sep. 9 - Oct. 21, 5:00 - 5:45 pm **#134136**

**Session:** Mon, Oct. 28 - Dec. 16, 5:00 - 5:45 pm **#134137**

**Session:** Wed, Oct. 30 - Dec. 18, 5:00 - 5:45 pm **#134138**

**Location:** YMCA Fitness Center, Chandler Hall  
**Fee:** \$84 **Resident Discount:** \$67



## Yoga for Mommy & Me! (6mos-5yrs)

This class will stretch and calm our babies, including the parents! Yoga will bring a bonding experience to both you and your baby! Please bring your own mat and wear loose clothing.

**Session:** Wed, Sep. 25 - Oct. 30, 9:15 - 10:00 am **#134308**

**Session:** Thu, Nov. 6 - Dec. 11, 9:15 - 10:00 am **#134309**

**Instructor:** Kimberly Mendez

**Location:** Newtown Township Administration Building  
**Fee:** \$74 **Resident discount:** \$59

## Preschool Hockey (ages 4-6)

In this beginner hockey class kids will learn stick handling, passing and shooting the puck. Each class will have time dedicated to life, sport, and motor skill development as well as friendship and character building.

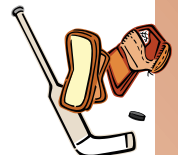
**Session:** Wed, Sep. 4 - Oct. 23, 4:15 - 5:00 pm **#134127**

**Session:** Mon, Sep. 9 - Oct. 21, 4:15 - 5:00 pm **#134128**

**Session:** Mon, Oct. 28 - Dec. 16, 4:15 - 5:00 pm **#134129**

**Session:** Wed, Oct. 30 - Dec. 18, 4:15 - 5:00 pm **#134130**

**Location:** YMCA Fitness Center, Chandler Hall  
**Fee:** \$84 **Resident Discount:** \$67



## Pee Wee Tennis (ages 4-6)

Come enjoy a fun, motivating introduction to tennis and fitness! Emphasis is on fun and play, using the USA's game-based learning techniques and QuickStart modified courts and equipment. Loaner racquets are available. Please bring your own water bottle. If inclement weather, final arrangements for make up will be made by coach.

**Session:** Sat, Sep. 14 - Oct. 12, 11:30 - 12:15 pm **#134001**

**Location:** Newtown Middle School Courts  
**Fee:** \$75 **Resident Discount:** \$60



# YOUTH SPORTS

## UK Elite Petite Soccer! (ages 3-5)

A fantastic first soccer experience for young children! It is a fun introduction to the sport through a series of exciting, stimulating soccer games in a safe, enjoyable environment for 3-5 y/os! All equipment is provided. Participants should wear soccer attire and shin guards for safety.

**Session:** Fri, Sep. 20 – Oct. 25, 1:00 – 2:00 pm  
**Session:** Fri, Sep. 20 – Oct. 25, 2:00 – 3:00 pm  
**Instructor:** UK Elite Soccer  
**Location:** Robert's Ridge Park  
**Fee:** \$113 **Resident Discount:** \$90

#134102  
#134103



## UK Elite Technical Program (ages 5-9)

U.K. Elite Soccer's proven Technical Training Programs are a 6-week intense training block designed to make the participant a better individual player. We recognize that all players, regardless of age or ability, need technical and tactical development. Every U.K. Elite Soccer Training session follows our Unique Targeted Training System. The U.K. Elite Soccer system of coaching allows players to apply skills in a practical game setting. A complete soccer player not only knows how to execute a technique but also when and where to apply it on the field. By blending recommended components to suit the relevant age and ability of player – Long-term player development is guaranteed!

**(ages 5-6):** Fri, Sep. 20 – Oct. 25, 4:30 – 5:30 pm  
**(ages 7-9):** Fri, Sep. 20 – Oct. 25 5:30 – 6:30 pm  
**Instructor:** UK Elite Soccer  
**Location:** Robert's Ridge Park  
**Fee:** \$113 **Resident Discount:** \$90

#134104  
#134105



## Fall Baseball Clinic (ages 5-11)

Bucks County Baseball offers this 4-week baseball clinic. The clinic will focus on the fundamentals of hitting, pitching, infielding, outfielding, and base running. Age-specific, small group drills are used to develop the basic skills of the game while having fun!

**Session:** Tue, Sep. 10 – Oct. 1, 6:00 – 7:00 pm  
**Instructor:** Bucks County Baseball Academy  
**Location:** Chandler Fields  
**Fee:** \$144 **Resident Discount:** \$115

#134079

## Youth Soccer League (ages 6-9)

Volunteer parent coaches assist in this non-competitive program emphasizing fair play, cooperation and sportsmanship. Players receive a free t-shirt! Parent meeting Thursday September 5th 6:30pm

**Session:** Sat, Sep. 14 – Oct. 19, 9:00 – 11:00 am  
**Location:** Holland Outdoor Center  
**Fee:** \$91 **Resident Discount:** \$73

#134120

## Karate-Japanese Jujitsu (ages 6+)

Participants build self-confidence as well as strong minds & bodies through the classic art of self-defense.

**Session:** Wed, Sep. 18 – Oct. 23, 6:00 – 7:00 pm  
**Session:** Wed, Oct. 30 – Dec. 11, 6:00 – 7:00 pm  
 No Class Nov. 27  
**Session:** Wed, Jan. 8 – Feb. 12, 6:00 – 7:00 pm  
**Location:** Newtown Elementary School Gym  
**Instructor:** John McDonald & Tim Perry  
**Fee:** \$53 **Resident Discount:** \$42

#134098

#134099

#141006



## Badminton (ages 6-9)

Badminton is the world's fastest growing sport! Participants will learn the fundamentals – grips, serves, lifts, clears and drops!

**Session:** Wed, Sep. 4 – Oct. 23, 5:00 – 5:45 pm  
**Session:** Mon, Sep. 9 – Oct. 21, 5:00 – 5:45 pm  
**Session:** Mon, Oct. 28 – Dec. 16, 5:00 – 5:45 pm  
**Session:** Wed, Oct. 30 – Dec. 18, 5:00 – 5:45 pm  
**Location:** Holland Outdoor Center  
**Fee:** \$84 **Resident Discount:** \$67

#134131

#134132

#134133

#134134

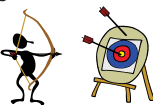
## Archery (ages 6-9, 10-14)

This well supervised beginners archery class is conducted by a certified archery instructor. Basic equipment is provided, parents must supply safety glasses.

**Ages 6-9:** Thu, Sep. 5 – Oct. 24, 6:00 – 7:00 pm  
**Ages 10-14:** Sat, Sep. 7 – Oct. 26, 10:00 – 11:00 am  
**Location:** Holland Outdoor Center  
**Fee:** \$94 **Resident Discount:** \$76

#134118

#134119



## Dodgeball (ages 7-10)

This fun and energetic class will teach kids the proper throwing motion of the ball and how to be accurate while playing the game of Dodgeball!

**Session:** Tue, Sep. 3 – Oct. 22, 5:00 – 5:45 pm  
**Session:** Thu, Sep. 5 – Oct. 24, 5:00 – 5:45 pm  
**Location:** YMCA Fitness Center, Chandler Hall  
**Fee:** \$84 **Resident Discount:** \$67

#134125

#134126

## Fall Flag Football League! (7-14 yrs)

Go beyond the game with i9 Sports and flag football! The league will be split up into four age groups (listed below). Games will be between 11:00 am – 3:00 pm. Game schedule will be given out (please provide email when registering) once teams have been finalized. The league is 9 weeks long starting Sunday, September 15th! (League may be longer depending on weather & make-ups)

### Sun, Sep. 15th

#### Session 1 (ages 6-8):

#### Session 2 (ages 9-10):

#### Session 3 (ages 11-12):

#### Session 4 (ages 13-14):

**Instructor:** i9 Sports

**Location:** Staples Field

**Fee:** \$188 **Resident Discount:** \$150

#134090

#134091

#134092

#134093



## Junior Golf (ages 7 – 15)

Take this opportunity to learn and build on the fundamental skills of golf. Students will work on grip, stance, posture and aim to help improve their chipping, putting, full swing and shots. Improve your level of play and increase confidence. Participants are encouraged to bring their own clubs, although equipment will be provided.

**Session:** Sat, Sep. 28 – Oct. 19, 9:30 – 10:30 am  
**Instructor:** Pete Wentz  
**Location:** Spring Mill Country Club, Ivyland  
**Fee:** \$106 **Resident Discount:** \$85

#134094

## Little Aces & Youth Tennis – Learn, Practice and Play! (ages 7-13)

This combined instructional and play program presents tennis to beginners through intermediates emphasizing fun, fitness and play. Fundamental tennis strokes, rules and strategies are presented then practiced using the USTA's game-based learning techniques and QuickStart modified courts and equipment. If inclement weather, final arrangements for make up will be made by coach.

**Ages 7-10:** Sat, Sep. 14 – Oct. 12, 10:30 – 11:30 am

**Ages 11-13:** Sat, Sep. 14 – Oct. 12, 12:30 – 1:30 pm

**Location:** Newtown Middle School Courts

**Fee:** \$82 **Resident Discount:** \$65

#134002

#134003



## Poetry in Motion (ages 8-13)

Not only will your child be able to write their own poetry, but they will be able to take it to the next level by being able to choreograph their own movement to it as well! We will be using classical music to bring out the most creative thoughts your little one!

**Session:** Mon, Sep. 9 – Oct. 21, 4:30 – 5:15 pm

**Session:** Mon, Oct. 28 – Dec. 16, 4:30 – 5:15 pm

**Location:** YMCA Fitness Center, Chandler Hall

**Fee:** \$84 **Resident Discount:** \$67

#134143

#134144

## Fencing (ages 8-12, 13-adult)

Liberty Fencing Club's program is designed for competitive and beginner fencers in sabre, epee, and foil. The program includes fitness instruction, games, skill training, tactics/strategy, competitive bouts, and more. Our experienced head fencing coaches also coach Swarthmore College and have all coached, fenced, and/or refereed on the national and international level. All classes are held in our outstanding air conditioned facility with a new state-of-the-art sprung floor with 9 permanent fencing strips.

**Session (ages 13+):** Wed, Sep. 25 – Oct. 16, 7:15 – 8:45 pm

**Session (ages 8-12):** Thu, Sep. 26 – Oct. 17, 5:30 – 7:00 pm

**Instructor:** Liberty Fencing Club

**Location:** 366 Easton Road, Unit D-1 (around the back), Warrington, PA 18976

**Resident Discount:** \$99

#134080

#134081



{ YOUR AD  
HERE }

What's Goin' On  
Around Town

Call (215) 357-PRNT

REGISTER NOW ONLINE AT [WWW.NEWTOWNFUN.COM](http://WWW.NEWTOWNFUN.COM)

# ADULT SPORTS

## Golf Clinic

Learn to love the game of golf! This clinic provides beginner and intermediate golfers with the opportunity to learn the fundamental skills of golf (grip, posture, full swing, set up, chipping and putting, short game, rules and etiquette). Participants are encouraged to bring their own clubs, although equipment will be provided.

**Session:** Sat, Sep. 28 – Oct. 19, 10:45 – 11:45 am

#134096

**Seniors:** Tue, Oct. 1 - 22, 10:00 – 11:00 am

#134097

**Instructor:** Pete Wentz, Sat./Vince Sullivan, Tue.

**Location:** Spring Mill Country Club, Ivyland

**Fee:** \$106

**Resident Discount:** \$85



## Adult Basketball

Supervised full-court pick-up games. Pre-registration is required – you cannot play if you have not registered. Sessions fill up quickly so please register early! Please be advised this schedule is tentative and subject to change.

**Session:** Mon, Sep. 23 – Dec. 16, 8:00 – 10:00 pm

#134186

**No Game Nov. 25**

**Session:** Wed, Sep. 25 – Dec. 18, 8:00 – 10:00 pm

#134187

**No Game Nov. 27**

**Fee:** \$68

**Resident Discount:** \$54

**Or play both days!**

**Session:** Mon. & Wed, Sep. 23 – Dec. 18, 8:00 – 10:00 pm

#134188

**No Game Nov. 25 & 27**

**Fee:** \$136

**Resident Discount:** \$108

**Session:** Mon, Jan. 6 – Mar. 31, 8:00 – 10:00 pm

#141014

**No Game Jan. 20 & Feb. 17**

**Fee:** \$63

**Resident Discount:** \$50

**Session:** Wed, Jan. 8 – Mar. 26, 8:00 – 10:00 pm

#141015

**Fee:** \$68

**Resident Discount:** \$54

**Or play both days!**

**Session:** Mon. & Wed, Jan. 6 – Mar. 31, 8:00 – 10:00 pm

#141016

**No Game Jan. 20 & Feb. 17**

**Fee:** \$131

**Resident Discount:** \$104

**Supervisor:** Kevin Koch

**Location:** Newtown Elementary School Gym



## Co-ed Volleyball (ages 18+)

Recreational pick-up games for men and women of all skill levels!

**Session:** Mon, Sep. 23 – Nov. 4, 8:00 – 10:00 pm

#134189

**Session:** Mon, Nov. 11 – Jan. 13, 8:00 – 10:00 pm

#134190

**No Game Nov. 25, Dec. 23 & 30**

**Session:** Mon, Feb. 3 – Mar. 24, 8:00 – 10:00 pm

#141017

**No Game Feb. 17**

**Instructor:** Andrew Woodruff

**Location:** Goodnoe Elementary School

**Fee:** \$40

**Resident Discount:** \$32



## Women's Self Defense (ages 14+)

This class includes simple and effective techniques for striking, escapes from grabs and discussions on many defense related topics.

**Session:** Wed, Oct. 16 - Dec. 11, 7:00 – 8:00 pm

#134101

**No Class Nov. 27**

**Location:** Newtown Elementary School Gym

**Instructor:** John McDonald & Tim Perry

**Fee:** \$82

**Resident Discount:** \$65

## re\*FORM\*ation

Pilates done on the reformer with springs to enhance your workout with no impact on joints. Learn to move properly and safely while creating a long, lean pilates body! Our instructor Diana is a Certified Fitness Professional, Fitness Expert and Personal Trainer.

**Session:** Mon, Sep. 9 – Oct. 14, 12:00 – 12:55 pm

#134171

**Session:** Mon, Oct. 21 – Nov. 25, 12:00 – 12:55 pm

#134172

**Session:** Mon, Dec. 2 – Jan. 6, 12:00 – 12:55 pm

#134173

**Instructor:** Diana Dececco, CFP & Personal Trainer

**Location:** Pilates Bodies, 10 Penn Valley Dr, Yardley

**Fee:** \$75

**Resident Discount:** \$60



## RealRyder® CYCLING

Spin class like you have not experienced before! Indoor classes are done on RealRyder® bikes. These bikes are stationary but move side to side and will teach you body awareness as well as strengthen your core. \*visit our website at [www.newtownfun.com](http://www.newtownfun.com) to see a video of a RealRyder® bike in action! Our instructor Diana is a Certified Fitness Professional, Fitness Expert and Personal Trainer.

**Session:** Sat, Sep. 21 – Oct. 26, 7:30 – 8:25 am

#134180

**Session:** Sat, Nov. 2 – Dec. 7, 7:30 – 8:25 am

#134181

**Session:** Sat, Dec. 14 – Jan. 18, 7:30 – 8:25 am

#134182

**Instructor:** Diana Dececco, CFP & Personal Trainer

**Location:** Pilates Bodies, 10 Penn Valley Dr, Yardley

**Fee:** \$75

**Resident Discount:** \$60

## Teen/Adult Tennis – Learn, Practice and Play!

This combined instructional and play program presents tennis to beginners through intermediates emphasizing fun, fitness and play. Fundamental tennis strokes, rules and strategies are presented then practiced using the USA's game-based learning techniques and QuickStart modified courts and equipment. If inclement weather, final arrangements for make up will be made by coach.

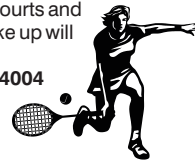
**Session:** Sat, Sep. 14 – Oct. 12, 9:30 – 10:30 am

#134004

**Location:** Newtown Middle School Courts

**Fee:** \$82

**Resident Discount:** \$65



## Evening Yoga

Join our well trained, and experienced, certified Hatha Yoga instructor to learn the physical path of self-transformation. Exercises include: fluid movements, standing poses and gentle stretches. All levels of experience welcome. Designed to gradually increase your flexibility, balance and strength. Your posture and concentration may be positively affected. Specific breathing techniques improve your ability to manage stress and increase relaxation. Bring a yoga mat, or towel and wear non-restrictive clothes!

**Session:** Wed, Oct. 2 – Nov. 6, 7:00-8:15 pm

#134193

**Fee:** \$68

**Resident Discount:** \$54

**Session:** Wed, Nov. 13 – Dec. 18, 7:00-8:15 pm

#134194

**No Class Nov. 27**

**Fee:** \$56

**Resident Discount:** \$45

Or receive 10% off when you sign up for two sessions!

**Session:** Wed, Oct. 2 – Dec. 18, 7:00-8:15 pm

#134195

**No Class Nov. 27**

**Fee:** \$112

**Resident Discount:** \$89

**Session:** Wed, Jan. 8 – Feb. 12, 7:00-8:15 pm

#141018

**Session:** Wed, Feb. 19 – Mar. 26, 7:00-8:15 pm

#141019

**Fee:** \$68

**Resident Discount:** \$54

Or receive 10% off when you sign up for two sessions!

**Session:** Wed, Jan. 8 – Mar. 26, 7:00-8:15 pm

#141020

**Fee:** \$121

**Resident Discount:** \$97

**Instructor:** Jim Whitmoyer

**Location:** Newtown Twp Administration Bldg



## Pilates Fusion

Need something new in your workout??? How about a circuit class! It can include many of the following: barre, tower, rebounder, spin, reformer and of course mat Pilates. The ultimate cardio, core, lengthening and stretching workout combined to keep your muscles guessing! Our instructor Diana is a Certified Fitness Professional, Fitness Expert and Personal Trainer.

**Session:** Tue, Sep. 10 – Oct. 15, 12:45 – 1:40 pm

#134174

**Session:** Tue, Oct. 22 – Nov. 26, 12:45 – 1:40 pm

#134175

**Instructor:** Diana Dececco, CFP & Personal Trainer

**Location:** Pilates Bodies, 10 Penn Valley Dr, Yardley

**Fee:** \$75

**Resident Discount:** \$60

## Pilates

This multi level class increases strength and flexibility to create a total body workout. Pilates focuses on the core (mid section) of the body and improves posture. This workout experience will provide you with increased overall health and a stronger leaner body – while also reducing stress and tension. Resistance bands and Pilates rings are used to help tone and build core strength. A towel/mat and loose fitting clothing is required.

**Session:** Mon, Sep. 23 – Oct. 28, 6:00 – 7:00 pm

#134232

**Session:** Mon, Nov. 4 – Dec. 9, 6:00 – 7:00 pm

#134233

**Instructor:** Amy Hawe

**Location:** Newtown Township Administration Building

**Fee:** \$71

**Resident Discount:** \$57



## Belly Up Barre

Experience a complete, dynamic full body workout all done on the ballet barre. Work every muscle group to its potential followed by immediate stretching to lengthen that muscle group. See our website at [www.newtownfun.com](http://www.newtownfun.com) for more information about instructor Patty Witt. \*Get longer & Stronger! This class is intense and not for the novice athlete.

**Session:** Wed, Sep. 11 – Oct. 16, 7:00 – 7:55 am

#134177

**Session:** Wed, Oct. 23 – Nov. 27, 7:00 – 7:55 am

#134178

**Session:** Wed, Dec. 4 – Jan. 22, 7:00 – 7:55 am

#134179

**No Class Dec. 25 & Jan. 1**

**Instructor:** Patty Witt

**Location:** Pilates Bodies, 10 Penn Valley Dr, Yardley

**Fee:** \$75

**Resident Discount:** \$60



# ADULT SPORTS

## T'ai Chi Chih®: Joy thru Movement

T'ai Chi Chih is a gentle, mindful, moving meditation with many health benefits that may be taught seated as well as standing. This particular form is adopted by UCLA for research, demonstrating its effect on increasing immunity, improving sleep quality, and decreasing the symptoms of depression. It is widely accepted that T'ai Chi improves balance and lowers high blood pressure. Because of its effectiveness this moving meditation has recently been written about in The New York Times, AARP National Magazine, and many other publications. Learning T'ai Chi Chih would be an excellent way to commit to improving your health and increasing your happiness now. Great for beginners and seniors.

**\*TRY THE FIRST SESSION OF THIS CLASS FOR FREE ON SEPTEMBER 14th\***

**Session:** Sat, Sep. 21 - Nov. 2, 8:30 - 9:30 am #134166  
**No Class Oct. 19**

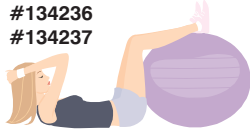
**Instructor:** Siobhan Hutchinson, MA Holistic Health  
**Location:** Newtown Township Administration Building  
**Fee:** \$90 **Resident Discount:** \$72

## Bodyshaping

The ultimate total body workout to build a lean, strong sculpted body! If you want to tone and define selected muscle groups, this is class for you! Upper body routines tone your arms, chest and back. Lower body routines focus on legs, thighs, hips, buttocks and abdominals. Appropriate for all fitness levels. Join us for this fun, stress reducing, hour-long class! Please bring your own 1-5 pound weights.

**Session:** Tue, Oct. 1 - Nov. 5, 7:00 - 8:00 pm #134236  
**Session:** Tue, Nov. 12 - Dec. 17, 7:00 - 8:00 pm #134237

**Instructor:** Harriet Simon  
**Location:** Newtown Township Administration Building  
**Fee:** \$71 **Resident Discount:** \$57



## Butts & Guts

The ultimate total body workout for your butt & gut. If you want to tone and define selected muscle groups, this is class for you! Join us for this fun, stress reducing, hour-long class! Please bring your own 1-5 pound weights.

**Session:** Thu, Oct. 3 - Nov. 7, 7:00 - 8:00 pm #134238  
**Session:** Thu, Nov. 14 - Jan. 2, 7:00 - 8:00 pm #134239

**No Class Nov. 28 & Dec. 26**  
**Instructor:** Harriet Simon  
**Location:** Newtown Township Administration Building  
**Fee:** \$71 **Resident Discount:** \$57



## Zumba Fusion

This class has it all! Start with Zumba, which is combining Latin rhythms with low impact fitness but high impact fun. It is followed by standing Balance and Mat Pilates to strengthen your abs and back. Yoga completes the workout for added flexibility that can accommodate any level of ability. Participants need to wear sneakers and bring a yoga mat or towel for the Pilates and Yoga portion of the class. If you hate to exercise but love to dance, this class is for you!!!

**Session:** Mon, Sep. 23 - Oct. 28, 6:00 - 7:00 pm #134191  
**Session:** Mon, Nov. 4 - Dec. 9, 6:00 - 7:00 pm #134192

**Instructor:** Shelley Pulaski-Fisher, A.C.E. Certified and RYT  
**Location:** Newtown Township Administration Building  
**Fee:** \$74 **Resident Discount:** \$59



## Over 30 Basketball

Supervised pick-up games. Pre-registration is required - you cannot play if you have not registered. Sessions fill up quickly so please register early! Please be advised this schedule is tentative and subject to change.

**Session:** Mon, Sep. 23 - Dec. 16, 8:00 - 10:00 pm #134183  
**No Game Nov. 25**

**Fee:** \$68 **Resident Discount:** \$54  
**Session:** Wed, Sep. 25 - Dec. 18, 8:00 - 10:00 pm #134184  
**No Game Nov. 27**

**Fee:** \$68 **Resident Discount:** \$54

**Or play both days!**  
**Session:** Mon. & Wed, Sep. 23 - Dec. 18, 8:00 - 10:00 pm #134185  
**No Game Nov. 25 & 27**

**Fee:** \$136 **Resident Discount:** \$108  
**Session:** Mon, Jan. 6 - Mar. 31, 8:00 - 10:00 pm #141011  
**No Game Jan. 20 & Feb. 17**

**Fee:** \$63 **Resident Discount:** \$50.00  
**Session:** Wed, Jan. 8 - Mar. 26, 8:00 - 10:00 pm #141012  
**Fee:** \$68 **Resident Discount:** \$54

**Or play both days!**  
**Session:** Mon. & Wed, Jan. 6 - Mar. 31, 8:00 - 10:00 pm #141013  
**No Game Jan. 20 & Feb. 17**

**Fee:** \$131 **Resident Discount:** \$104

**Supervisor:** Alan Most  
**Location:** Newtown Middle School Gym

## Piloxing! (Ages 18+)

Piloxing blends the muscle sculpting of standing Pilates, the strengthening and cardio of boxing and the fun of dance into a high-energy interval workout. This is based interval format, which burns the most calories and is the most effective method of improving cardiovascular health. The piloxing program also encourages barefoot training, which vastly improves posture, balance stamina and prevents injuries. Please bring a mat or towel.

**Session:** Tue, Sep. 17 - Oct. 22, 6:00 - 7:00 am #134167

**Session:** Sat, Sep. 21 - Oct. 26, 6:00 - 7:00 am #134168

**Session:** Tue, Oct. 29 - Dec. 17, 6:00 - 7:00 am #134169

**No Class Nov. 5 & 26**

**Session:** Sat, Nov. 2 - Dec. 14, 6:00 - 7:00 am #134170

**No Class Nov. 30**

**Session:** Tue, Jan. 7 - Feb. 11, 6:00 - 7:00 am #141009

**Session:** Sat, Jan. 4 - Feb. 8, 6:00 - 7:00 am #141010

**Instructor:** Millie Collyer  
**Location:** Newtown Township Administration Building  
**Fee:** \$71 **Resident Discount:** \$57

## Zumba!

Zumba combines high energy and motivating music with unique moves and combinations that allow participants to work out on their own level! Working out shouldn't be work! Join us for this feel-happy exercise program that is great for your body AND mind! This program coincides with **Kids Creative Play (ages 3-6) #134306, #134307. Kids can take a class while mom exercises.**

**Session:** Mon, Sep. 9 - Oct. 14, 9:30 - 10:30 am #134164

**Session:** Mon, Oct. 21 - Nov. 25, 9:30 - 10:30 am #134165

**Session:** Mon, Jan. 6 - Feb. 24, 9:30 - 10:30 am #141008

**No Class Jan. 20 & Feb. 17**  
**Instructor:** Janice Santiago  
**Location:** Newtown Township Administration Building  
**Fee:** \$71 **Resident Discount:** \$57

## Spin

Whether you're a beginner rider or an expert, this is the class for you. Our cycling instructors will take you through jumps, climbs, sprints, and intervals on your way to burning 400-800 calories. This class is low impact, high intensity, and easy to join at any time.

**Session:** Tue, Sep. 17 - Oct. 22, 5:35 - 6:35 am #134212

**Session:** Tue, Oct. 29 - Dec. 3, 5:35 - 6:35 am #134213

**Session:** Thu, Sep. 19 - Oct. 24, 5:00 - 6:00 pm #134214

**Session:** Thu, Oct. 31 - Dec. 12, 5:00 - 6:00 pm #134215

**No Class Nov 28**

**Session:** Sat, Sep. 21 - Oct. 26, 8:00 - 9:00 am #134216

**Session:** Sat, Nov. 2 - Dec. 7, 8:00 - 9:00 am #134217

**Session:** Sun, Sep. 22 - Oct. 27, 9:00 - 10:00 am #134218

**Session:** Sun, Nov. 3 - Dec. 8, 9:00 - 10:00 am #134219

**Instructor:** Transcend Fitness  
**Location:** Carousel CrossFit gym at Transcend Fitness  
**Fee:** \$82 **Resident Discount:** \$65



## Survival Fitness

Are you looking to trim body fat and increase strength? You have met your match. This interval training class is focused on explosive movement with various intensity levels. You'll use non-traditional training methods on equipment like sledge hammers, rings, tires, bands and weights. A great class for all fitness levels.

**Session:** Mon, Sep. 23 - Oct. 28, 6:00 - 7:00 am #134196

**Session:** Mon, Nov. 4 - Dec. 9, 6:00 - 7:00 am #134197

**Session:** Wed, Sep. 18 - Oct. 23, 6:00 - 7:00 am #134198

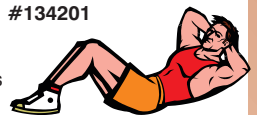
**Session:** Wed, Oct. 30 - Dec. 11, 6:00 - 7:00 am #134199

**No class Nov. 27th**

**Session:** Fri, Sep. 20 - Oct. 25, 6:00 - 7:00 am #134200

**Session:** Fri, Nov. 1 - Dec. 13, 6:00 - 7:00 am #134201

**No class Nov. 29th**  
**Instructor:** Transcend Fitness  
**Location:** Carousel CrossFit gym at Transcend Fitness  
**Fee:** \$82 **Resident Discount:** \$65



## Core & More

Back to basics! This class is a real calorie burner. It will combine some cardio with strength training for a total body workout. Resistance balls and light weights will add definition to your body. Appropriate for all fitness levels.

**Session:** Mon, Sep. 23 - Oct. 28, 7:00 - 8:00 pm #134234

**Session:** Mon, Nov. 4 - Dec. 9, 7:00 - 8:00 pm #134235

**Instructor:** Amy Hawe  
**Location:** Newtown Township Administration Building  
**Fee:** \$71 **Resident Discount:** \$57



REGISTER NOW ONLINE AT [WWW.NEWTOWNFUN.COM](http://WWW.NEWTOWNFUN.COM)

# ADULT SPORTS

## TRX PUMP

Maximize your body's true potential in this body-weight suspension class.

**Session:** Tue, Sep. 17 – Oct. 22, 9:00 – 10:00 am

#134206

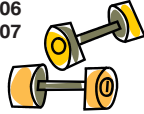
**Session:** Tue, Oct. 29 – Dec. 3, 9:00 – 10:00 am

#134207

**Instructor:** Transcend Fitness

**Location:** Carousel CrossFit gym at Transcend Fitness

**Fee:** \$82 **Resident Discount:** \$65



## Spin/Boot Camp

Right from the start of class, the sweat starts to pour. The idea of maintaining an elevated heart rate via the Spin bike and carrying that forward through a Boot Camp session will show your muscles a workout like never before! Boot Camp will use Dumbbells, Barbells, Fit Balls and TRX bands.

**Session:** Mon, Sep. 23 – Oct. 28, 9:00 – 10:00 am

#134202

**Session:** Mon, Nov. 4 – Dec. 9, 9:00 – 10:00 am

#134203

**Session:** Fri, Sep. 20 – Oct. 25, 9:00 – 10:00 am

#134204

**Session:** Fri, Nov. 1 – Dec. 13, 9:00 – 10:00 am

#134205

**No class Nov. 29th**

**Instructor:** Transcend Fitness

**Location:** Carousel CrossFit gym at Transcend Fitness

**Fee:** \$82 **Resident Discount:** \$65



## Cardio Jam

Experience a deep muscle burn and cardio burst in this explosive, non-stop workout. See if you can complete a full 60 minute class while driving your muscles to the limit.

**Session:** Tue, Sep. 17 – Oct. 22, 8:00 – 9:00 am

#134226

**Session:** Tue, Oct. 29 – Dec. 3, 8:00 – 9:00 am

#134227

**Session:** Thu, Sep. 19 – Oct. 24, 8:00 – 9:00 am

#134228

**Session:** Thu, Oct. 31 – Dec. 12, 8:00 – 9:00 am

#134229

**No Class Nov 28**

**Instructor:** Transcend Fitness

**Location:** Carousel CrossFit gym at Transcend Fitness

**Fee:** \$82 **Resident Discount:** \$65



## Trial Gym Membership!

Try it before you sign! At Transcend Fitness you are able to take advantage of their trial membership by choosing either a general or premier one month pass! Sign up today and enjoy 30 days from your registration date! General memberships include full use of the gym, premier includes full use of the gym AND includes all Transcend's classes! Check it out today! One trial per person, does not include "on ramp" classes.

**General Pass, #134230** **Fee:** \$31 **Resident Discount:** \$25

**Premier Pass, #134231** **Fee:** \$56 **Resident Discount:** \$45

## Virtual Spin

Ride through the Canyons, Valleys, Cities, or Open Land with this Virtual Spin ride. While riding, you are looking at a 10-foot screen that shows these amazing scenic rides with other people in your group. Experience places in the world you dream of, from the comfort of your own Spin bike.

**Session:** Tue, Sep. 17 – Oct. 22, 6:30 – 7:30 pm

#134220

**Session:** Tue, Oct. 29 – Dec. 3, 6:30 – 7:30 pm

#134221

**Instructor:** Transcend Fitness

**Location:** Carousel CrossFit gym at Transcend Fitness

**Fee:** \$82 **Resident Discount:** \$65



## Boot Camp

Boot Camp is one of Transcend's signature classes, featuring functional movement that uses traditional and non-traditional equipment and training methods. We'll push you to your personal breaking point for maximum progress.

**Session:** Wed, Sep. 18 – Oct. 23, 9:00 – 10:00 am

#134208

**Session:** Wed, Oct. 30 – Dec. 11, 9:00 – 10:00 am

#134209

**Session:** Thu, Sep. 19 – Oct. 24, 9:00 – 10:00 am

#134210

**Session:** Thu, Oct. 31 – Dec. 12, 9:00 – 10:00 am

#134211

**No Class Nov 27 and 28**

**Instructor:** Transcend Fitness

**Location:** Carousel CrossFit gym at Transcend Fitness

**Fee:** \$82 **Resident Discount:** \$65



## Yoga

This class is opened to all levels of Yoga ability. This class is designed to improve flexibility and mobility while exploring more yoga postures. Wear non-restrictive clothes! Excellent class for athletes and CrossFitters, Beginner "Yogies" and the advanced.

**Session:** Sun, Sep. 22 – Oct. 27, 9:30 – 10:30 am

#134222

**Session:** Sun, Nov. 3 – Dec. 8, 9:30 – 10:30 am

#134223

**Session:** Thu, Sep. 19 – Oct. 24, 7:30 – 8:30 pm

#134224

**Session:** Thu, Oct. 31 – Dec. 12, 7:30 – 8:30 pm

#134225

**No Class Nov 28**

**Instructor:** Transcend Fitness

**Location:** Carousel CrossFit gym at Transcend Fitness

**Fee:** \$82 **Resident Discount:** \$65



**{ YOUR AD HERE }**

**CALL: (215) 357-PRNT**

*What's Goin' On*

**Around Town**  
COMMUNITY NEWSLETTERS





**NEWTOWN  
PARKS &  
RECREATION**

**5 EASY REGISTRATION OPTIONS FOR YOUR CONVENIENCE**

# Parks & Recreation Registration Information

**1 MAIL-IN**

Newtown Parks & Rec.  
100 Municipal Drive  
Newtown, PA 18940

**2 FAX-IN**

Fax to: 215-504-2202  
Complete the registration form with credit card information including signature in order to register.

**3 PHONE-IN**

Call 215-968-2800 ext. 239 to register by phone. All phone registrations must be paid by **Visa, MasterCard or Discover.**

**4 WALK-IN**

Walk-In Registrations Parks & Rec. Office located at the Newtown Municipal Administration Building

**5 ONLINE**

Go to [www.newtownfun.com](http://www.newtownfun.com) to register for most programs!

**IMPORTANT INFORMATION**

- Please send check and signed registration form to **Parks & Rec. Dept., 100 Municipal Drive, Newtown, PA 18940**
- For registration info, call 215-968-2800 ext. 239
- **Activity Codes** are listed with each program (e.g., #00101). Registrations cannot be processed without correct activity codes.
- **Registration** will continue until programs reach capacity. However, all activities will be closed to registration after the first scheduled meeting of the activity.
- **Non-Residents pay "NR" fees.** Non-residents are those who live outside Newtown Township and pay taxes to other Townships. For Example: Newtown Borough, Wrightstown, Upper Makefield, etc.

**YOU SNOOZE ... YOU LOSE!**

Nothing cancels a good class quicker than waiting until the last minute to register. If there are not enough registrations by a certain date, the course you want could be cancelled! Coming in on the day the course begins won't resurrect it, so please register early. For the status of a program or info about the possibility of a recreation cancellation, call **215-968-2800 ext. 239.**

**SCHOOL DAYS, SCHOOL DAYS . . .**

All activities held in the schools are **cancelled** when:

- 1) schools are closed due to inclement weather
- 2) students are dismissed early due to inclement weather
- 3) school is closed for holidays or in-service days
- 4) special school events are being held in the school

**Important Notice!**

**NO NEWS IS GOOD NEWS!**

When you register for any of our terrific programs, don't wait by the phone or camp out by your email. The only time you will hear from us is:

- If the class is full
- If the class is canceled
- If there is a change in time or day

So if it's almost time for your class to begin, and you have not heard from our friendly staff, that is good news!

**IT MEANS YOU'RE IN!**

**PARKS & RECREATION  
GENERAL INFORMATION**

**PHOTO POLICY** We may take your picture at recreation programs or events. Please be aware that these photos are for departmental use and may be used in future brochures, flyers, and other publicity. Please let us know if this presents a problem.

**REFUNDS/CREDITS**

- Refunds of fees in recreational activities shall be made only if the program is canceled. Participants will receive a full refund of fees.
- No refunds or credits are given when a participant withdraws from a program.
- The Parks and Recreation Director on a case-by-case basis may consider a household credit request if extenuating circumstances exist, a \$10 administrative fee will be withheld if approved.
- Any credit issued will expire at the end of the following calendar year.

Please Cut Along Dotted Line

Office: 215-968-2800 ext. 239      Checks payable to Newtown Parks & Rec.  
Fax: 215-504-2202                      100 Municipal Drive, Newtown, PA 18940

Family Name (s): \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

To receive Program information quicker and easier!

**\*\*Release\*\*:** I release Newtown Township from all claims that may result from my participation or my child's participation in the above program(s). I grant permission to a physician or hospital to provide emergency medical care to aid myself or my child(ren) in the event of injury in connection with the above program(s).

Signature: \_\_\_\_\_

(If children are involved, a parent/guardian must sign this form.)

Activity & Fee Summary			
<u>First Name</u>	<u>Age/Birth Date</u>	<u>Activity #</u>	<u>Fee</u>
_____	_____	_____	_____
_____	_____	_____	_____
<b>www.newtownfun.com</b>		<b>**Fee Total**</b> _____	
CHARGE (must circle one)      MasterCard    VISA    Discover			
Card #: _____ - _____ - _____ - _____		Exp. Date: ____ / ____	
Card Holder's Signature: _____			CVV # _____

Medical Insurance Carrier: \_\_\_\_\_

Policy Number: \_\_\_\_\_

**REFUND POLICY:**

No refunds or credits are given for your withdrawal from a program, but a full refund is given if an event is canceled.

**REGISTER NOW ONLINE AT WWW.NEWTOWNFUN.COM**