

Namaaste Goat Yoga
2020 COVID-19 Plan

Social Distancing

- Guests will maintain a 6-foot distance between family groups.
- Guests are encouraged to wear masks and staff are required to wear masks when within 6 feet of participants.

Health and Sanitation

- Each team member will take a health survey before starting their shift every day.
- We will have hand washing stations/sanitizer available for guests to use.
- All events take place outside where the risk of transmission is considered much lower risk than in confined, indoor spaces.
- . Participants required to bring their own mat/towel/blanket for yoga.
- All goats will be disinfected after each class.

Our COVID-19 FAQ information can be found at www.namaastegoatyoga.com